



# Volunteering Opportunities for July 2025



You can make a difference to the lives of older people in Nottingham and Nottinghamshire.

People of all ages and all walks of life volunteer for Age UK Nottingham & Nottinghamshire and we couldn't do our work without them. Below are all the volunteering opportunities that the charity currently offers.

Role Title	Events Volunteers
Location	<b>Anywhere across Nottinghamshire where events are being held</b>
Time Commitment	On an irregular basis, as and when required. Availability during evenings and weekends would be helpful.
Tasks	<ul style="list-style-type: none"> <li>• Supporting with bucket collection donations at a local theatre/event</li> <li>• Supporting with handing out leaflets at a local event Age UK Notts is represented at</li> <li>• Welcoming guests to Age UK Notts local events</li> <li>• Helping staff to host Age UK Notts local events– eg making and serving refreshments</li> <li>• Helping staff to set up before and clear away after a local Age UK Notts event</li> </ul>
Skills / interests needed	<ul style="list-style-type: none"> <li>• Individuals with a positive/can do attitude</li> <li>• Individuals who enjoy helping others</li> <li>• Individuals who are willing to help out at short notice</li> <li>• Individuals who are confident in chatting to others</li> <li>• Individuals who have a genuine interest in older people</li> </ul>
Process	Please email <a href="mailto:volunteering@ageuknotts.org.uk">volunteering@ageuknotts.org.uk</a> with your name, contact details and whether you are happy to be contacted to support all future Age UK Notts events.
Training	None

Role Title	Volunteer Form Filler (Nottingham)
Location	<p><b>The volunteer role can either be home or office based or a combination of both.</b></p> <p>Advice appointments can range from telephone, office appointments and home visits (<i>*which are allocated under certain exceptions</i>)</p> <p>Our office is located at The Lifestyle Centre (16-18 Bridgeway Centre, NG2 2JD)</p>
Time Commitment	<p>The needs of the role and your availability will be discussed at interview, but we would like you to be available for at least three hours each week as a minimum – days and times can be discussed</p>
Tasks	<ul style="list-style-type: none"> <li>• Undertaking telephone, office appointments and home visits* with clients and their loved ones</li> <li>• Working together with clients &amp; their friends &amp; family members to complete benefit claim forms accurately.</li> <li>• Building a rapport with clients to identify any other support needs they may have and working to ensure these are met together with the Advice staff team.</li> <li>• Recording accurate case notes on our secure electronic database.</li> <li>• Assisting the data team in meeting targets of the Advice Service</li> </ul>
Skills / interests needed	<ul style="list-style-type: none"> <li>• A genuine interest in the wellbeing of older people and a calm sensitive approach to providing advice to older people, their family and carers.</li> <li>• Friendly personality with excellent interpersonal and listening skills.</li> <li>• Ability to treat customers with sensitivity and confidentiality.</li> <li>• Ability to think holistically, identifying issues and make referrals when required to fellow volunteers or staff members.</li> <li>• IT Literate and the ability to record information accurately.</li> <li>• Ability to record information accurately.</li> <li>• Willingness to undertake training essential to the role</li> <li>• Willing to attend one to one support sessions, and volunteer meetings which will be held in Nottingham.</li> <li>• During the training period, it will be a requirement of the volunteer role to be office based at The Lifestyle Centre (16-18 Bridgeway Centre, NG2 2JD)</li> </ul>
Process	<p>Application Form, Interview, References will be taken, and a DBS check</p>
Training	<p>Induction plus training specific to the role</p>

Role Title	Volunteer Form Filler (Mid Notts)
Location	<p><b>Predominantly home based with occasional travel to Mansfield areas.</b></p> <p>Advice appointments can range from telephone and home visits (<i>*which are allocated under certain exceptions</i>)</p>
Time Commitment	The needs of the role and your availability will be discussed at interview, but we would like you to be available for at least three hours each week as a minimum – days and times can be discussed
Tasks	<ul style="list-style-type: none"> <li>• Undertaking telephone and *home visits with clients and their loved ones</li> <li>• Working together with clients and their friends and family members to complete benefit claim forms with accurate information regarding their health conditions and the impact these have on their day-to-day lives.</li> <li>• Building a rapport with clients to identify any other support needs they may have and working to ensure these are met together with the Advice staff team.</li> <li>• Recording accurate case notes on our secure electronic database – this can be from our office or from a home computer with an Internet connection.</li> <li>• Commitment Assisting the data team in meeting targets of the Advice Service e.g., providing extra information about service user's needs for case studies, funding, monitoring etc</li> </ul>
Skills / interests needed	<ul style="list-style-type: none"> <li>• A genuine interest in the wellbeing of older people and a calm sensitive approach to providing advice to older people, their family and carers.</li> <li>• Friendly personality with excellent interpersonal and listening skills.</li> <li>• Ability to treat customers with sensitivity and confidentiality.</li> <li>• Ability to think holistically, identifying issues and make referrals when required to fellow volunteers or staff members.</li> <li>• IT Literate and the ability to record information accurately.</li> <li>• Willingness to undertake training essential to the role</li> <li>• Willing to attend one to one support sessions, and volunteer meetings which will be held in Nottingham.</li> <li>• During the training period, it will be a requirement of the volunteer role to be office based at The Lifestyle Centre (16-18 Bridgeway Centre, NG2 2JD)</li> </ul>
Process	Application Form, Interview, References will be taken, and a DBS check
Training	Induction plus training specific to the role

Role Title	Companion Service Volunteer
Location	Supporting people remotely, in their own homes and in the community within Nottingham and Nottinghamshire.
Time Commitment	<p>Ideally, we ask all applicants to provide a minimum of 1 hour volunteering a week.</p> <p><i>We are looking for volunteers with good daytime availability in specific areas of Nottingham and Nottinghamshire which are currently NG1, NG2, NG4, NG5, NG6, NG12, NG14, NG15, NG16, NG17, NG18, NG21, NG25</i></p>
Tasks	<p>The companion service volunteer can choose to be:</p> <ul style="list-style-type: none"> <li>• A companion within the person's home</li> <li>• A companion outside the person's home</li> <li>• Or a combination of both</li> </ul> <p>Examples of the type of support the service offers include:</p> <ul style="list-style-type: none"> <li>• Supporting an older person/s hobbies and interests or simply chatting with them in their own home on a regular basis.</li> <li>• Supporting with digital access &amp; building confidence skills &amp; motivation to access the opportunities of the internet.</li> <li>• Supporting the person outside of their home e.g., by accompanying them on a walk, to the shops, to a café, garden centre, theatre or cinema or other social activities / community groups.</li> <li>• Where appropriate, supporting the older person to access other services through information and signposting or referring to the Companion Service Coordinator for support.</li> </ul>
Skills / interests needed	<ul style="list-style-type: none"> <li>• Individuals with an interest in the wellbeing of older people who are committed to volunteering regularly.</li> <li>• Commitment to complete our Volunteer Report Form accurately and regularly.</li> <li>• Ability to travel for visits in the local community either by car or public transport for those volunteers who choose to participate in this type of activity.</li> <li>• Digital literacy for those volunteers who choose to participate in this type of activity.</li> </ul>
Process	Application Form, Interview, References will be taken, and a DBS check (the level of which will be dependent on the tasks you are involved with)
Training	Induction plus training specific to the role

Role Title	Companion Service Volunteer (Digital)
Location	<p>Supporting people remotely, in their own homes in the North of Nottinghamshire</p> <p><b>We require volunteers who can travel to individual addresses either by car or public transport.</b></p> <p><small>**Please note that we do offer reimbursement of travel expenses as defined in the Age UK Notts Volunteer Handbook</small></p>
Time Commitment	Volunteering will be on an ad hoc basis to meet the needs of the older person that you are supporting along with considering your availability.
Tasks	The purpose of this role is to provide personalised digital/IT support to older people to gain or improve technical skills and to become digitally included. This may include but is not limited to supporting with digital access & building confidence skills & motivation to access the opportunities of the internet. This may also include using pre-existing templates and resources, and creating personalised sessions plans for individual clients to support them to meet their goals.
Skills / interests needed	<ul style="list-style-type: none"> <li>• Individuals with an interest in the wellbeing of older people who are committed to volunteering.</li> <li>• IT literate with good digital skills</li> <li>• Individuals who can work with learners with different levels of knowledge and skill</li> <li>• Excellent interpersonal skills.</li> <li>• Commitment to complete our Volunteer Report Form accurately and regularly.</li> <li>• Ability to travel to visits either by car or public transport.</li> </ul>
Process	Application Form, Interview, References will be taken, and a DBS check
Training	Induction plus training specific to the role



Role Title	Dementia Support Volunteers
Location	The Sybil Levin Day Service is located approximately 3 miles outside of Nottingham City Centre (NG8 6AD) and is easily accessible by car, bus, and tram.
Time Commitment	A minimum of either one morning or one afternoon on a weekly basis. <b>We are particularly looking for volunteers to support on a Monday, Thursday and Friday.</b>
Tasks	The Sybil Levin Day Service is a specialist SPECAL-Led ( <a href="http://contenteddementiastrust.org/what-is-the-specal-method/">http://contenteddementiastrust.org/what-is-the-specal-method/</a> ) day service supporting people with dementia and their carers using the SPECAL method. The tasks you may be involved with include the following: <ul style="list-style-type: none"> <li>• Assisting centre attendees to engage in activities</li> <li>• Serving meals and drinks.</li> <li>• Helping to set up and clear away activities</li> <li>• Engaging in conversation with centre attendees.</li> </ul>
Skills / interests needed	<ul style="list-style-type: none"> <li>• People with a genuine interest in the wellbeing of people with dementia.</li> <li>• A friendly, sensitive and kind approach.</li> <li>• Being comfortable in small groups or on a one-to-one basis.</li> <li>• People with a commitment to always using the SPECAL method whilst at the centre.</li> <li>• Whilst not essential, we are also looking for volunteers who can: Play the piano, Play snooker, Play dominoes</li> </ul>
Process	Application Form, Invitation to an immersive session at the Sybil Levin Day Service, References will be taken, Basic DBS Check. <b><i>NB: This opportunity is not open to student volunteers.</i></b>
Training	Induction plus online training specific to the role You will also need to attend mandatory online 1-hour SPECAL training prior to commencing your role

For more information about any of these roles, please contact:

Vicky Pearce (Volunteering Co-ordinator)

Tel: 0115 8414 464 and 07872 839577

Email: [volunteering@ageuknotts.org.uk](mailto:volunteering@ageuknotts.org.uk)