

SHADOW Lite 2025



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Shadow Lite is a fun and engaging competition to get young people skilled and ready for the annual **Shadow** event in Sherwood Forest.

Shadow Lite is open to a younger age group and is all about working as a team and problem solving so perfect as an introduction to **Shadow**. This year, in addition to the winners' certificates, we will be offering a **prize for the winning team** and the chance for up to eight people to visit the Mill Adventure Base and take on **the High Trek, Big Zip, and Nets!**



Shadow Lite is free to enter!

You just need a Safe Space, the activity pack and, of course, some willing participants to take up the challenge.

SHADOW

Lite 2025

Instructions

In your team, you will need to complete 3 tasks. One will test your physical skills, the next, your creativity, finally you will need to use your thinking skills. You must complete the tasks within the time limit, and you will be awarded points based how well you do.

Equipment

All the tasks should be achievable without using any special equipment. You may choose to use certain things such as pens, paper or other craft materials but these should be found within any youth setting.

Scoring

Your Leader will award you points for each of the 3 activities based on the following criteria:

1. Teamwork
2. Completing the activity
3. Answers to the riddles

You will then send your score sheet and photos to

andrew.allsopp@nottscc.gov.uk where you will be awarded points based on the following criteria:

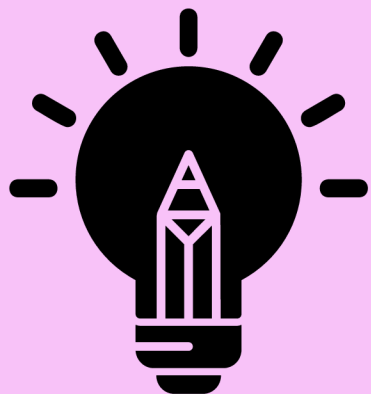
1. Creativity
2. Quality of evidence produced, such as photos, etc.

Time Limit

There is an overall time limit of 2 hours to complete all 3 activities. This includes time spent moving from 1 activity to another. There is also a time limit for each individual activity.

Remember!!! All the activities will require you to work well as a team and will be much easier to complete within the time limit if you do so

Enjoy the event and good luck to everyone who takes part!



Task 1

Creative Challenge: The Ten Take Task

Time Limit: 45 Mins

Equipment Needed: Camera and Printer

Using a camera, you must create a collage of ten photographs. None of the photos should have people's faces in. The photographs must be one each of the following:

- A photo of something that is blue
- A photo of a repeating pattern
- A photo of something round
- A photo of something far away
- A photo of two people jumping (they must agree and, don't forget, you cannot photograph their faces!)
- A photo of something close up
- A photo of something big
- A photo of something small
- A photo of something fast
- A photo of something that you think no-one else would notice!

You should then print your photos on paper (not included in the time limit), and create a collage from them. When you submit your scores, you will need to send in a photo of your finished collage for us to look at.

Task 2



Thinking Challenge: Riddle Me This!

Time Limit: 20 Mins

Equipment Needed: Just your brains!

You are about to hear four riddles. In your team, see if you can work out the answers. You can hear the riddles as many times as you need to, but you only have 20 minutes so... think fast.

Riddle 1

Starting from an eight-letter word, keep removing one letter so that each time, it remains a real word. With which word are you starting? The clue is in the question.

Riddle 2

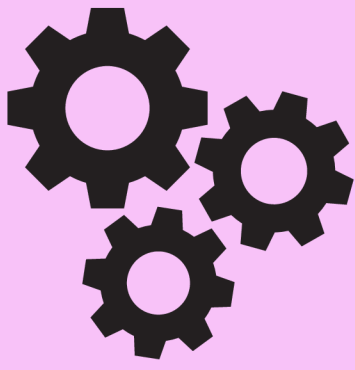
An Uber driver is going the wrong way down a one-way street. He passes five police officers along the way, none of them stop him. Why not?

Riddle 3

What has a head and a tail, but no body?

Riddle 4

What has 13 hearts, but no lungs or stomach?



Task 3

Physical Challenge: A Bridge Too Far?

Time Limit: 45 mins

Equipment Needed: Scissors, tape, straws, pens and pencils (pens and pencils are not to be used to support the structure – they are for designing it), 400g tin of beans.

Your challenge is to build a bridge. You are only allowed to use the items listed above and it must be freestanding. It needs to be able to support the weight shown (the 400g tin of beans). Extra points will be awarded for creativity and artistic design.

When you have finished stand next to your bridge, place the weight on it, and take a photo. The prettier the bridge, the more points you get.

Notes





Scoresheet

Team Name:

Grand Total: / 100

Creativity:

Team Work:	/ 10
Completing Activity:	/ 10
Total:	/ 20

Thinking:

Team Work:		/ 10
Riddle Answers:	1.	2. / 20
	3.	4. / 20
Total:		/ 50

Physical:

Team Work:	/ 10
Completing Activity:	/ 10
Artistry and Creativity:	/ 10
Total:	/ 30