**Bassetlaw Action Centre says “thank you” to staff and volunteers**

Bassetlaw Action Centre has said “thank you” to its staff and volunteers by treating them to lunch during their annual meeting. This annual celebration recognises all the people who give up their time to help their local community through volunteering with Bassetlaw Action Centre. The volunteers fill a number of roles; including driving, befriending, administration, walk leading and more.

Chief Executive Lynn Tupling said “Volunteers are the lifeblood of our organisation and we wouldn’t be able to help the people of Bassetlaw without them. I feel it is important that we take time to acknowledge all the time they put in. A whole organisation lunch is just a small way of saying thank you for doing such an amazing thing for the local community.”

Volunteer driver Martin said "I have been a volunteer for the Bassetlaw Action Centre for a number of years. Volunteering as a driver for the Community Car Scheme is satisfying, because the general feedback from the people that use it, say that it is a convenient and much appreciated service to get to necessary appointments, shopping etc. It is a great way to meet people and to be able to assist them where possible."

Over the past year an amazing 16, 266 hours were contributed over by volunteers who gave up their time for free. The difference it makes to Bassetlaw residents is incredible, from making sure they get to appointments and shopping, to alleviating loneliness, getting gentle exercise and improving mental health. Over the past year, 70% of clients reported an improvement in mental health through accessing BAC services and 66% saw a decrease in loneliness.

If you would like to know more about how to help your community through volunteering with Bassetlaw Action Centre please go to [www.BassetlawActionCentre.org.uk](http://www.BassetlawActionCentre.org.uk), email [enquiries@actioncentre.org.uk](mailto:enquiries@actioncentre.org.uk) or call 01777 709650.

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Available for immediate release.

**About Bassetlaw Action Centre**

Bassetlaw Action Centre is a community resource agency offering help and support to individuals and organisations throughout Bassetlaw; promoting the independence of older and vulnerable people and supporting individuals with long term conditions. It provides a number of different services, many of which utilise volunteers to assist local residents.

For more information contact Harriet Ennis on [hennis@actioncentre.org.uk](mailto:hennis@actioncentre.org.uk) or call 01777 709650.