

All events  
10am - 2pm

# Mansfield Carers Roadshow

at  
Mansfield Community Hospital,  
Sutton Road, Mansfield NG18 5QJ

## 9th June

### Financial Information

- *Welfare benefits*
- *Power of attorney*
- *Wills*
- *Energy Advice*
- *Household support*

## 10th June

### Support

- *Young Carers*
- *Direct Payments*
- *Care Choices*
- *Cancer support*
- *Aids and adaptations*

## 11th June

### Well-being

- *Seated exercise*
- *Self Care*
- *Managing Grief*
- *Respite*
- *Accessible holidays*

Plus much more

# Empowering Carers



**Free Prize Draw**  
**1 entry per person**  
**per day**



**disability**  
**nottinghamshire**  
User Led Organisation