

Adult Social Care **DROP-IN SESSIONS**

**Are you looking
for advice or
information on
Adult Social Care?**



We know that it can be difficult to access advice and information about Adult Social Care and the support available in your area. In response to your feedback, we are running monthly drop-in sessions where you can find out how you can live independently and safely in your community.

We can help you with information on:

- wellbeing and independence
- community activities and day opportunities
- mobility equipment and technology enabled care
- information on local support services
- finding a care home

Sessions will take place at Worksop Library from 10am-4pm on:

- Tuesday 15 April 2025
- Tuesday 13 May 2025
- Tuesday 10 June 2025
- Tuesday 8 July 2025
- Tuesday 12 August 2025
- Tuesday 9 September 2025

**No need
to book, just
drop in and
speak to one
of our friendly
team.**



**Nottinghamshire
County Council**