## Adult Social Care DROP-IN SESSIONS

You told us that information about Adult Social Care can be difficult to access.

In response, we are running monthly drop-in sessions where you can find out how you can live independently and safely in your community. We can help you with information on:

- wellbeing and independence
- community activities and day opportunities
- mobility equipment and technology enabled care
- information on local support services
- finding a care home

Sessions will take place at Worksop Library from 10am-4pm on:

- Tuesday 15 April 2025
- Tuesday 13 May 2025
- Tuesday 10 June 2025
- Tuesday 8 July 2025
- Tuesday 12 August 2025
- Tuesday 9 September 2025

No need to book, just **drop in** and speak to one of our friendly team.



Nottinghamshire County Council