

FREE Training

Suicide Bereavement

For those working with
Derby & Derbyshire residents

January – October 2025

Joined Up Care Derbyshire has commissioned Harmless to deliver FREE half-day training for staff and volunteers.

FREE TRAINING

Joined Up Care Derbyshire have commissioned Harmless to deliver FREE online Suicide Bereavement training for staff and volunteers from a broad range of statutory, community and voluntary sector organisations working within Derby or Derbyshire.

You can book your place from the links on the following page or speak to a member of the Harmless Academy team for more information or advice:
training@harmless.org.uk

NB: Training is delivered ONLINE via MS Teams. Once registered, you will receive an email with login details for the session.

Please note that you must work with people in Derby or Derbyshire in order to meet eligibility criteria for these free training sessions.

Feedback from previous training:

'The trainer was excellent. A very interactive session and I definitely would recommend. I have learned so much today – thank you.'

'Well presented, relevant and very good material. Every single part was so informative and delivered brilliantly!'

ABOUT HARMLESS



The Academy at Harmless (formerly known as Let's Talk Training) is the training arm of Harmless – the national centre of excellence for self harm and suicide prevention.

Our expert team delivers a range of courses around issues of self harm and suicide prevention, suicide bereavement and mental health. The courses we provide always place people with lived experience at their heart, combined with the most up-to-date, evidence-based knowledge.

With a strong emphasis on producing engaging and interactive content, our training brings expertise and dedication to both the teaching process and subject matter. We are committed to ensuring you get the most out of your learning experience with us so that you can practically apply the skills you learn.

Suicide Bereavement Training

LEARNING OUTCOMES

This course aims to provide better understanding of the complexities surrounding suicide bereavement as well as equipping you with the skills to support the needs of those who have been bereaved by suicide.

Learning topics include:

- The magnitude of suicide
- Local and national prevalence
- Suicide loss as a unique form of bereavement
- Individual responses to trauma and 'complicated grief'
- Exposure to suicide
- Stigma and taboo
- Suicide bereavement as a unique risk factor

TRAINING DATES 2025

CLICK ON A DATE TO BOOK

- [Tue 21 January 12.30pm – 4.30pm](#)
- [Tue 18 February 9.30am – 1.30pm](#)
- [Tue 4 March 9.30am – 1.30pm](#)
- [Fri 21 March 12.30pm – 4.30pm](#)
- [Tue 15 April 9.30am – 1.30pm](#)
- [Thu 15 May 9.30am – 1.30pm](#)
- [Fri 13 June 9.30am – 1.30pm](#)
- [Mon 21 July 12.30pm – 4.30pm](#)
- [Tue 9 September 9.30am – 1.30pm](#)
- [Mon 29 September 12.30pm – 4.30pm](#)
- [Thu 9 October 9.30am – 1.30pm](#)
- [Fri 24 October 12.30pm – 4.30pm](#)

Please Note: All training sessions take place ONLINE via MS Teams.

If the training you would like to book is at capacity, please email us at training@harmless.org.uk and we will add you to our wait list. We will then contact you with any training dates that become available.



The Academy at Harmless is operated by Harmless – the national centre of excellence for self harm and suicide prevention.

Based in Nottingham, Harmless is a Community Interest Company (CIC) with a dedication to sustainability. While Harmless does seek grant and charitable funding, our training service is vital for the work we provide. Income generated through the Academy is used directly to sustain and expand the free support services we offer.

Harmless CIC
The Sanctuary
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www.harmless.org.uk

