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**Bolsover Library
Connects**

Writing for Wellbeing



Come and discover the powerful benefits of writing in this informal and relaxed session.

No experience needed... and reading out is not necessary! Just practice with our easy activities and ideas



Friday

10th January

2pm—3:30pm

This is a free event. For more information call 01629 537800, or 07580 823897 or email maria.coupe@derbyshire.gov.uk or ask at the library.