

LIFELINE SUPPORT SERVICE NEWSLETTER

March 2024 edition

Welcome to our new newsletter

What's new? Community Day Centre

We have been up and running for 6 weeks now. Our regular service users are really settling in, and loving the sessions. We have welcomed a few new service users over the last two weeks and are happy to have them join in the fun. We are sure they will fit in well and enjoy the sessions.

We also have another new addition to our team... Community Support Worker, Laura Smith. We are lucky to have her on board.

Some of our activity offerings over the past 6 weeks have included;

- Natural bird feeders – working on sensory, coordination and dexterity
- Themed quizzes – knowledge based trivia, focussing on the past to help reminisce
- Dancing and singing – great for mobility and coordination
- Bone shaped dog treats – working on dexterity
- Cup stacking challenge - hand eye coordination
- Planters for Mother's day
- Leprechaun Traps for St Patrick's Day
- Seated exercises – for circulation

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Here are some action shots and the wonderful creations we made:



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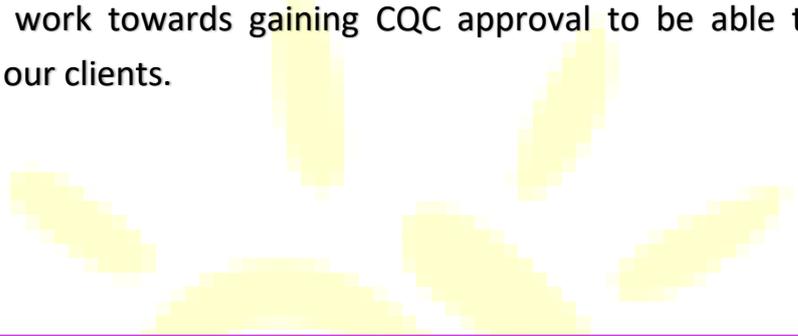


Plan for 2024 ↓

We have invited some outside services to join us at the day centre in April, including Neat Feet on the 16th, providing top quality chiropody services, and Celtic Point Pharmacy to carry out blood pressure checks for our service users on 23rd.

**Our paid external services will be provided at a discounted rate for our service users.*

We continue to work towards gaining CQC approval to be able to provide personal care to our clients.



Community Day Centre

- Qualified Nurse Led
- Stimulating Group Activities / 1-2-1 Support
- Seated Exercise
- Garden
- Quiet Room
- Morning, Afternoon and Full Day Sessions
- Carer's Go Free*
- Visiting Outside Services - Including: Hairdresser, Chiropody, Church
- Nursing Assessments and Referrals to Outside Services

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**Carer's attend for free when supporting a loved one, Lunch charges apply if staying for lunch.*