

ATTFE College Online Courses

Supporting Mental Health

| Qualification | Course Title | Description | Course Code |
|--|---|---|-------------|
| Level 2 Estimated Length: 160 Hours | Mental Health Awareness | Mental health presents one of the greatest challenges to our society. While many elements of mental health are still not understood, having a good knowledge of the information that is available is essential in the care sector. | 60134380 |
| Level 2 Estimated Length: 135 Hours | Understanding Children and Young People's Mental Health | Mental health problems affect around 1 in 10 children and young people. Emotional wellbeing is just as important as a child's mental health, therefore it is important for those working with children and young people to have a good understanding of the concepts, risk | 60328137 |
| Level 2 Estimated Length: 120 Hours | Counselling Skills | Many people find it helpful to seek the support of counselling at some point in their lives. People in any situation could benefit from counselling, those with the correct understanding, knowledge, skills can provide them with support to improve personal well-being. | 6000728X |
| Level 2 Estimated Length: 120 Hours | Mental Health First Aid and Advocacy in the Workplace | It's important that employers are transparent and open about mental health issues, and this qualification builds an understanding of mental health problems and the support available to colleagues. Increasing the understanding of mental health of staff at all levels builds | 60351482 |
| Level 2 Estimated Length: 105 Hours | Understanding Mental Health in Early Years | The early years of childhood are critical for development. Learning the significance of attachment and adverse experiences during this time is important to understand children's mental health. Whether you are looking to begin work with young children, or you work with children in your current role, having a solid grasp on the importance of a child's emotional wellbeing is vital. | 60358622 |
| Level 2 Estimated Length: 155 Hours | Working with People with Mental Health Needs | Mental health presents one of the greatest challenges to our society. While many elements of mental health are still not understood, having a good knowledge of the information that is available is essential in the care sector. | 60134343 |

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| Qualification | Course Title | Description | Course Code |
|--|-----------------------------|--|-------------|
| Level 3 Estimated Length: 153 Hours | Understanding Mental Health | This qualification is designed to increase learners' knowledge and understanding of mental health and mental well-being. Successful completion of the required units will allow the learner to develop in-depth knowledge and understanding of mental health. It will also support learner progression into relevant employment within the health and social care sector. | 6018968X |
| Level 3 Diploma Estimated Length: 270 Hours | Counselling Skills | This qualification aims to provide learners with in-depth knowledge of the use of counselling skills in everyday life and work and the approaches that underpin the use of these skills. This qualification is ideal for those seeking to enhance their functional role through the use of counselling skills. Learners will gain an understanding of a range of counselling skills and have the opportunity to examine some of the various schools of thought/theoretical models associated with them. | 60007278 |

Supporting Inclusive Communities

| Qualification | Course Title | Description | Course Code |
|--|---|---|-------------|
| Level 2 Estimated Length: 130 Hours | Understanding Behaviour That Challenges | Challenging behaviour is the causing increasing concern today as many individuals have increasing levels of stress and uncertainty in their lives. This behaviour can be due to factors such as anxiety, neglect, abuse, learning disabilities, and conditions like dementia. | 60310625 |
| Level 2 Estimated Length: 180 Hours | Equality and Diversity | Offering clear and accurate information, advice, or guidance and knowing what can be shared legally and professionally can greatly improve outcomes for a business. There are some fundamental rules for successful information sharing and ensuring staff are | 60131457 |

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| Qualification | Course Title | Description | Course Code |
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| Level 2 Estimated Length: 115 Hours | Safeguarding and Prevent | The purpose of this qualification is to support anyone who is responsible for the safeguarding of people and for helping prevent radicalisation. It gives learners an understanding of recognising the signs of abuse, how to reduce the risk of radicalisation, and the potential consequences of illegal online activity. | 60328186 |
| Level 2 Estimated Length: 129 Hours | Understanding Specific Learning Difficulties | Having a learning difficulty means that people find it harder to learn certain skills. As this affects around 15% of people, it is important for those working in healthcare, social care, and education to have knowledge of different Specific Learning Difficulties such as ADHD, dyslexia, and dyscalculia. | 60320412 |
| Level 2 Estimated Length: 152 Hours | Understanding Autism | Autism is a spectrum condition that affects how a person communicates with others and how they interpret the world around them. Having a clear understanding of the misconceptions, diagnoses, and support surrounding autism are just some of the essential skills needed when working in mental health. | 60163306 |
| Level 2 Estimated Length: 143 Hours | Working with individuals with Learning Disabilities | Around 1.5 million people in the UK have a learning disability. Owing to the fact that they are likely to find it more difficult than others to describe their symptoms, a good knowledge of legislation and the healthcare system, as well as an understanding of signs and symptoms of various conditions, is essential for anyone working with individuals with learning disabilities. | 60116870 |
| Level 2 Estimated Length: 130 Hours | Understanding Domestic Abuse | This qualification is for anyone who has a responsibility to respond to domestic abuse or support those experiencing domestic abuse. This includes employers, teachers, health and social care workers, and anyone involved in safeguarding vulnerable adults, children or young people. | 603/7168/7 |

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| Qualification | Course Title | Description | Course Code |
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| Level 3 Estimated Length: 189 Hours | Understanding Autism | Autism is described by The National Autistic Society as a complex, lifelong developmental disability that typically appears during early childhood and can impact a person's social skills, communication, relationships, and self-regulation. Individual preference regarding terminology used for an individual on the autism spectrum may vary and must be valued and respected. | 60319355 |

Supporting Volunteering and Employability

| Qualification | Course Title | Description | Course Code |
|--|------------------------------|--|-------------|
| Level 2 Estimated Length: 155 Hours | Business and Administration | There were an estimated 5.5 million private sector businesses in the UK at the start of 2016. Despite the recent economic difficulties, the trend has been steadily increasing in the business population. Today's global economy brings with it a wealth of new markets, shrinking profit margins, and increasing operating expenses; the need for good business administration has never been greater. | 60170712 |
| Level 2 Estimated Length: 121 Hours | Creating a Business Start-Up | This course will help you have a better understanding of the initial processes and requirements of a business start-up can increase the chances of your business succeeding. If you're looking to start your own business, or already have a business but want to develop and progress your business plan, this qualification will support you with the skills and knowledge you need. | 60336328 |
| Level 2 Estimated Length: 120 Hours | Counselling Skills | Many people find it helpful to seek the support of counselling at some point in their lives. People in any situation could benefit from counselling, those with the correct understanding, knowledge, skills can provide them with support to improve personal well-being. | 6000728X |

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| Qualification | Course Title | Description | Course Code |
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| Level 2 Estimated Length: 180 Hours | Customer Service | In order to have a truly successful business, you need to provide good customer service. It is believed that 96% of unhappy customers don't ever complain; however, 91% of those simply leave and never come back. The main reason for customer churn is not price, but bad customer service. Handling a business' issues in a professional and courteous manner is an essential day-to-day task. | 60170700 |
| Level 2 Estimated Length: 94 Hours | Customer Service for Health and Social Care Settings | Our new qualification enhances Customer Service in Healthcare, which will support you when you are dealing with residents, families, patients, and internal and external customers within the Health and Social Care environment | 60304832 |
| Level 2 Estimated Length: 110 Hours | Principles of Cyber Security | In an increasingly digital world, cyber security is fast becoming a main concern for many organisations. With complex online scams and cyber crime, it's essential that organisations have an understanding of preventative measures to maintain cyber security, including techniques and security checks needed to store data securely. This online course is a key starting point for anyone looking to begin their career in cyber security. | 60358531 |
| Level 2 Estimated Length: 110 Hours | Data Protection and data security | Data protection compliance is an essential legal requirement for all organisations. Since the General Data Protection Regulation (GDPR) came into force in May 2018, it is more vital than ever that everyone who works with personal data understands the laws and acts in compliance, as the penalties can be severe. | 60336390 |
| Level 2 Estimated Length: 125 Hours | Excellence in Customer Service for Hospitality | In the hospitality sector, staff are often the forefront of the business and first impressions are vital. It is therefore important that those working in hospitality are highly professional. Understanding how to communicate effectively, the importance of teamwork and the importance of maintaining food hygiene is essential for staff in these roles. | 60327789 |

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| Level 2 Estimated Length: 111 Hours | Principles of Prevention and Control of Infection | About 300,000 patients develop an infection in England each year while being treated by the NHS. Protecting people from infection is an essential element of providing high quality care, especially considering the capacity some potentially life-threatening infections have to spread within care environments. | 60093122 |
| Level 2 Estimated Length: 114 Hours | Information, advice and guidance | Offering clear and accurate information, advice, or guidance and knowing what can be shared legally and professionally can greatly improve outcomes for a business. There are some fundamental rules for successful information sharing and ensuring staff are aware of these is key. | 60143216 |
| Level 2 Estimated Length: 117 Hours | Introducing Caring for Children and Young People | With over 50,000 children identified as needing protection from abuse in the UK, it is important that those working in the care sector understand the risks of abusive and exploitative behaviour that some children experience. Knowing what strategies are used to protect them from this behaviour, whilst following procedures, is essential to helping those effected. | 60003364 |
| Level 2 Estimated Length: 179 Hours | Preparing to work in adult social care | The need for adult social care continues to rise at a time when the system supporting that care is rapidly and significantly changing. With around 1.5 million people working in adult social care in England, care workers need up-to-date support and guidance in order to provide adequate person-centred care. | 60000478 |
| Level 2 Estimated Length: 118 Hours | Retail operations | The retail industry is subject to a number of pressures. These include changes in shopping habits and the recent economic downturn which reduced the consumer spending. However as consumer confidence begins to grow, it is important that retail support staff are fully trained and equipped to represent your business and to meet the needs of your customers. | 60133387 |

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| Level 2 Estimated Length: 120 Hours | Safe handling of medication in Health and Social Care | Modern medicines are powerful substances which have beneficial effects for millions of people worldwide. However, inappropriate use or handling of these substances can have severe consequences, including death. Having good up-to-date knowledge of the safe handling of medicines is essential for anyone working with medication. | 60134045 |
| Level 2 Estimated Length: 115 Hours | Safeguarding and prevent | The purpose of this qualification is to support anyone who is responsible for the safeguarding of people and for helping prevent radicalisation. It gives learners an understanding of recognising the signs of abuse, how to reduce the risk of radicalisation, and the potential consequences of illegal online activity. | 60328186 |
| Level 2 Estimated Length: 155 Hours | Understanding Coding | Coding is what makes it possible for anyone to create computer software. Websites, apps, and social media are all made with code--it is a language that tells computers what action to perform. This qualification is designed for anyone who is looking to gain an introduction to coding. As the world is evolving digitally and the digital sector is growing, this course will give you an insight into the principles of coding, and how coding is used in practice for software development. | 60358543 |
| Level 3 Diploma Estimated Length: 270 Hours | Counselling Skills | This qualification aims to provide learners with in-depth knowledge of the use of counselling skills in everyday life and work and the approaches that underpin the use of these skills. This qualification is ideal for those seeking to enhance their functional role through the use of counselling skills. Learners will gain an understanding of a range of counselling skills and have the opportunity to examine some of the various schools of thought/theoretical models associated with them. | 60007278 |

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| Level 2 Estimated Length: 160 Hours | Principles of Team Leading | Strong team leadership is essential for providing guidance, direction, and instruction within a group and inevitable leads to more effective teamwork and more motivated employees. Being able to manage a team effectively is critical in the current job market, where employee productivity and team outcomes are closely monitored. | 60338830 |

Supporting Children and Families

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| Level 2 Estimated Length: 117 Hours | Introducing Caring for Children and young people | With over 50,000 children identified as needing protection from abuse in the UK, it is important that those working in the care sector understand the risks of abusive and exploitative behaviour that some children experience. Knowing what strategies are used to protect them from this behaviour, whilst following procedures, is essential to helping those effected. | 60003364 |
| Level 2 Estimated Length: 135 Hours | Understanding Children and Young People's Mental Health | Mental health problems affect around 1 in 10 children and young people. Emotional wellbeing is just as important as a child's mental health, therefore it is important for those working with children and young people to have a good understanding of the concepts, risk factors, and impact of mental health. | 60328137 |
| Level 2 Estimated Length: 115 Hours | Safeguarding and Prevent | The purpose of this qualification is to support anyone who is responsible for the safeguarding of people and for helping prevent radicalisation. It gives learners an understanding of recognising the signs of abuse, how to reduce the risk of radicalisation, and the potential consequences of illegal online activity. | 60328186 |

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| Level 2 Estimated Length: 105 Hours | Understanding Mental Health and Early Years | The early years of childhood are critical for development. Learning the significance of attachment and adverse experiences during this time is important to understand children's mental health. Whether you are looking to begin work with young children, or you work with children in your current role, having a solid grasp on the importance of a child's emotional wellbeing is vital. | 60358622 |
| Level 2 Estimated Length: 105 Hours | Introduction to neuroscience in Early Years | This qualification provides an introduction to neuroscience in the early years--from birth to seven years. Self-regulation in the early years is a critical set of skills that help children to remain calm, attentive, and able to deal with powerful emotions such as fear, anger, and sadness. Children are not born with these skills; they develop them over time when they are supported to understand their feelings and actions by caring and responsive adults. This qualification covers key factors that may affect development in children such as stress, adverse childhood experiences, and special educational needs and disabilities. | 603/5216/4 |
| Level 2 Estimated Length: 129 Hours | Understanding Specific Learning Difficulties | Having a learning difficulty means that people find it harder to learn certain skills. As this affects around 15% of people, it is important for those working in healthcare, social care, and education to have knowledge of different Specific Learning Difficulties such as ADHD, dyslexia, and dyscalculia. | 60320412 |
| Level 2 Estimated Length: 152 Hours | Understanding Autism | Autism is described by The National Autistic Society as a complex, lifelong developmental disability that typically appears during early childhood and can impact a person's social skills, communication, relationships, and self-regulation. Individual preference regarding terminology used for an individual on the autism spectrum may vary and must be valued and respected. | 60163306 |

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