

CARER SUPPORT GROUPS

District	Date	Time
Broxtowe Carer Support Group Held at Chilwell Community Centre, Inham Road, Chilwell, NG9 4HX	Every 1st Wednesday of the month	10.00am - 12.00pm
Mansfield Carer Support Group held at Friends Meeting House, 124 Rosemary Street, Mansfield, NG18 1RB	Every 1st Friday of the Month	10.00am - 12.00pm
Asian Women Support Group with Noreen held at Carers Federation, Christopher Cargill House, 21 - 23 Pelham Rd, NG5 1AP	Every 1st Monday of the Month	11.00am - 1.00pm
Rushcliffe Carer Support Group held at Church of the Holy Rood, Village Street, Edwalton, NG12 4AB	Every 1st Tuesday of the month	1.30pm - 3.30pm
Worksop Carer Support Group held at The Crossing Church, Newcastle Street, Worksop, S80 2AT	Every 2nd Wednesday of the Month	10.00am - 11.30am
Newark Carer Support Group held at Newark Beacon Centre, Gresham Suite, Cafferata Way, Newark, NG24 2TN	Every 2nd Thursday of the Month	10.00am - 12.00pm
Bulwell Carer Support Group held at Ravensworth Road Methodist Church, Ravensworth Road, Bulwell, NG6 8FN	Every 2nd Monday of the Month	1.00pm - 3.00pm
Ashfield Carer Support Group held at Ashfield Wellbeing Centre, Portland Street, Kirkby in Ashfield, NG17 7AE	Every 2nd Monday of the Month	1.00pm - 3.00pm
Gedling Carer Support Group held at Gedling Road Methodist Church, Gedling, NG4 3EX	Every 2nd Tuesday of the Month	10.30am - 12.30pm
Carers Café - all Carers welcome Via Zoom - book on to receive the link	Every 3rd Thursday of the Month	1.30pm - 2.30pm
Clifton Carer Support Group with Christina held at Clifton Community Centre, Southchurch Drive, Clifton, NG11 8AR	Every last Friday of the Month	12.00pm - 2.00pm
CITY Carer Support Group held at Carers Federation, Christopher Cargill House, 21 - 23 Pelham Rd, NG5 1AP	Every 4th Monday of the Month	11.00am - 1.00pm
Retford Carer Support Group held at the Well, Hospital Road, Retford DN22 7BD	Every last Wednesday of the Month	10.00am - 11.30pm
Working Carer Support Group Via Zoom, book on to receive the link	Every other month - on the 3rd Tuesday	7.00pm - 8.00pm
Parent Carer Support Group via Zoom, book to receive the link	Every last Thursday of the Month	7.30 pm - 8.30-pm
Young Adult Carer Support Group (18-25yrs) held at Carers Federation, Christopher Cargill House, 21 - 23 Pelham Rd, NG5 1AP	Every last Thursday of the Month	1.30 pm - 3pm