

Derbyshire Voluntary Action
Health & Social Care Voluntary Sector Forum

Wednesday 17th May 2023

9.30am – 12.30pm

Online via Zoom



Present:

Julie Dixon (Chair)	British Acoustic Neuroma Association
Shelley Hinson	Dronfield 2gether
Debbie Fennell	Bolsover CVS
John Tresadern	Lime Grove PPG
Vicki Roberts	Rethink
Sarah Gilbert	Alzheimer's Society
Mick Crossley	Bipolar UK Chesterfield Support Group
Martin Stanier	Joined Up Care Derbyshire
Alice Truby	Age UK Derby & Derbyshire
Alison Lyon	South Hardwick OCN
Beryl Clark	Ashgate Hospice
Elaine McDonald	Home Start High Peak
Gemma Beecroft	Just Good Friends Club
Jackie Carpenter	Derventio Housing Trust
Laura Baldwin	P3
Leigh Griffiths	Alzheimer's Society
Lisa G	Futures Housing Group
Keith Clarke	ACCA
Leni Robson	Derby and Derbyshire ICB
Jane Bown	Pendrels Trust

In Attendance

Jacqui Willis	Derbyshire Voluntary Action
Kim Grant	Derbyshire Voluntary Action
Bryony White	Derbyshire Voluntary Action
Rachel Bounds	Derbyshire Voluntary Action
Alison Gibson	Community Chesterfield
Jenny Raschbauer	Community Chesterfield
Lauren	Community Chesterfield
Daniel Jones	Community Chesterfield
Kat Johnson	Community Chesterfield/Be Cancer Safe
Rachel Stilwell	South Derbyshire CVS
Ellen Parr	NHS Derby and Derbyshire Integrated Care Board
Andrea Kemp	Derby & Derbyshire Green Social Prescribing
Row Spencer	Go Wild in Wirksworth CIC
Natalie Evans	South Derbyshire CVS

Apologies

Al Garrett	Bipolar UK Chesterfield Support Group
Sarah Kerry	Ashgate Hospice
Polly Yates	Derbyshire Dales CVS
Jodie Cook	Erewash CVS

1. Welcome

Julie welcomed everyone to the meeting and introductions were made.

2. Derbyshire Voluntary Action Business

a. Minutes of the last Health & Social Care Voluntary Sector Forum held on 7 September 2022

Approved: Rachel Bounds Seconded: Debbie Fennell

3. Provider Collaborative Modelling

Andrea Kemp, Derby & Derbyshire Green Social Prescribing Pilot

Derby & Derbyshire Green Social Prescribing Pilot uses nature based experiences to address mental health issues and look at connecting systems around Derbyshire to make connections better and enable more people to benefit.

Awarded funding to enable to two sites (Bolsover and Erewash/South Derbyshire) to model a different kind of approach to social prescribing.

Try to connect providers of activities to look at how they could jointly offer opportunities around social prescribing.

One area that providers are looking at collaboratively is the lack of exit routes for people, looking at enabling people to stay and become an asset or move onto to another part of the system.

Q. Are people accessing several opportunities?

A. Participants are starting to talk to each other and join different activities recommended by other participants. Social connections are made and enabled naturally through providers.

Q. Do the providers provide places for participants free, is there any funding that goes with them?

A. Used funding to allow people to access activities where there is a charge, where there is not a charge funding is used to enable providers to attend meetings etc.

Q. What opportunities are there for other organisations to join the collaborative?

A. The collaborative had to start small, but the idea is for it to grow and for the network of provision to grow. If interested in joining go direct to one of the providers.

4. Living Well Programme update

Ellen Parr, Mental Health Commissioning Manager

NHS Derby and Derbyshire Integrated Care Board / Joined Up Care Derbyshire

Living Well is the new community mental health framework that is being rolled out across Derbyshire.

Ellen gave an update as to where the work is now and how you can get involved.

Visit the Living Well website <https://livingwellderbyshire.org.uk/> to find out more.

Q. Isn't this what Social Prescribers do on a daily basis?

A. Living Well is about a different level of need, social prescribing will naturally feed into this work.

The capacity of Social Prescribers is getting strained by people being referred acute mental health needs, this will provide a good route to refer people to.

Q. When will Living Well be rolled out in other areas of Derbyshire?

A. The third wave is starting imminently and once have a Coordinator role in place will look at forming collaboratives.

Q. Are there conversations about what will happen to collaboratives after the 3 years end?

A. There are lots of questions for March 2024. If it is recognised that transformation has not gone as far as needed it would be great to get more time.

5. DVA Chesterfield and NED Living Well update

Jacqui Willis and Rachel Bounds, Derbyshire Voluntary Action

Rachel started by talking about the Super Collaborative event that had taken place on 26th April, this was a celebration of work done over the last 3 years. Collaboratives have been running in High Peak, Derbyshire Dales, Bolsover, North East Derbyshire, Chesterfield, Derby City and they provide an opportunity for partners across the system to come together.

Three Locality Co-coordinators have recently been appointed to take on full responsibility for the admin and organisation of the collaboratives. Ellie Scott will be employed by DVA as the Locality Coordinator for Chesterfield and North East Derbyshire.

Have tried to get people with lived experience involved in the collaboratives, aim to provide a safe space for people to be involved and hold the collaboratives to account. Coordinators are embedded in organisations but will ensure a countywide approach.

6. Networking

Breakout rooms provided an opportunity to network with other attendees.

9. Go Wild in Wirksworth CIC

Row Spencer, Forest School Instructor

Go Wild In Wirksworth is a not for profit Community Interest Company that aims to provide access to the countryside for every one of all ages and abilities.

Row spoke about his background and how he came to set up Go Wild in Wirksworth CIC.

Offer bush craft, survival skills, wild camping, camp fire cooking, adventure activities, woodland management, animal husbandry, art and crafts.

Work groups and community groups are invited to come along and try the activities on offer, everything is free. Row can work with individuals and groups.

Visit <https://www.wildwoodadventurecamps.co.uk/> to find out more.

Q. How long is wild camping?

A. Best way for it to work is for people to come along late afternoon, set up camp and the next morning have wellbeing sessions.

7. Derbyshire Time Swap

Natalie Evans, Time Swap Development Officer (North East Derbyshire & Bolsover) South Derbyshire CVS

Derbyshire Time Swap covers all of Derbyshire, except Derby City and Chesterfield which are run independently.

Time Swap is an initiative that allows people to swap time to help other people in exchange for time. Anyone over the age of 18 or groups can get involved (under 18's can be included if they are part of a group).

Digital Launch of service will be on Monday 22nd May.

Time Swap video <https://www.youtube.com/watch?v=kxr12ccW8F8>

Visit the Derbyshire Time Swap website <https://www.derbyshiretimeswap.org.uk/> to find out more.

Q. Any plans to launch for under 18's?

A. Not that I'm aware, believe this is because of insurance issues.

Have met with Young People's Social Prescribers to discuss if it could be something the whole family gets involved with rather than just an individual young person.

8. The Derbyshire Home from Hospital Support Service

Rachel Stilwell, Field Partner Manager, South Derbyshire CVS

The Derbyshire Home from Hospital Support Service is a free 6 week service available throughout Derbyshire (excluding Derby City) to support people being discharged from hospital and equally to prevent admission to hospital. Referrals are welcome from individuals, family and professionals. Referral process is simple, usually work at a 5 day turnaround time – two days to process and three days to contact service user and get support in place.

Undertake shopping, collecting medication, make sure home environment is safe, fit key safes and community alarms, signpost to other services.

Visit <https://www.dhfh.org.uk/> to find out more and make a referral.

6. Any Other Business

Moving Forward Together event on 26th June at the Post Mill Centre, is the VCSE coming together to showcase the value of the voluntary sector.

7. Date of next meeting: 19 July 2023 venue tbc