

## Your Social Prescribers

As part of the Bassetlaw network of Social Prescribers, Bassetlaw Community and Voluntary Service has Link Workers based at the following locations:

### Larwood, and Blyth & Bawtry

Sonya Bown | Mobile: 07923 256 978 | Email: [sonya.bown@nhs.net](mailto:sonya.bown@nhs.net)

Stephen Heaps | Mobile: 07483 303 820 | Email: [stephen.heaps@nhs.net](mailto:stephen.heaps@nhs.net)

Laura Bailey | Mobile: 07596 865 123 | Email: [laura.bailey30@nhs.net](mailto:laura.bailey30@nhs.net)

### Newgate Medical Group

Laura Tomes | Mobile: 07923 256 969 | Email: [laura.tomes@nhs.net](mailto:laura.tomes@nhs.net)

### Bassetlaw Community and Voluntary Service

Becky Stanser

Mobile: 07483 905 314 | Email: [rebecca.stanser@bcvs.org.uk](mailto:rebecca.stanser@bcvs.org.uk)

### Bassetlaw Hospital

The social Prescribing Link Workers based at Bassetlaw Hospital are there to help patients within A&E, and during the discharge process.

Rebecca Allen - Hospital Social Prescribing Manager

Mobile: 07596 865 123 | Email: [rebecca.allen@bcvs.org.uk](mailto:rebecca.allen@bcvs.org.uk)

Alex Harvey - A&E Social Prescribing Link Worker

Mobile: 07483 106 678 | Email: [alex.harvey@bcvs.org.uk](mailto:alex.harvey@bcvs.org.uk)



# Social Prescribing Link Workers



**Improving the health and wellbeing of Bassetlaw residents through supported access and navigation into local services and support.**



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Place-Based  
Partnership

## What is a Social Prescribing Link Worker?

**Social prescribing link workers are specialists with a wealth of knowledge and experience about services in Bassetlaw.**

**Anyone over 16 and living in Bassetlaw can access this service, and if you are registered with a Bassetlaw GP, there will be dedicated link worker attached to your surgery.**

**The social prescribing link workers will take the time to discuss with patients the many voluntary, community and statutory services that may help to improve a patients health and wellbeing alongside any existing medical treatment.**

## Social Prescribers can help to:

- **Identify groups which may offer additional support to help patients understand and manage their medical condition.**
- **Access benefits, debt and welfare advice.**
- **Access community social groups by giving a patient a named contact and specific group information, making a referral on their behalf and accompanying patients if needed when they are first joining a group.**
- **Address loneliness and isolation issues by encouraging participation with local activity groups.**
- **Access information and advice on a wide range of services for the whole family.**
- **Social Prescribers also provide valuable feedback about the needs of patients which helps to inform group and sector development work.**