

# Notes

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# Welcome to Bassetlaw



Local information and advice on living in the area



Clumber Park, Worksop

## You are welcome



We have created this welcome booklet to give you as much local information as we can so that you can settle into the area in the best possible way.

Inside this booklet, you will be able to find information about healthcare, schools, and local and voluntary community groups that may be able to help you with other specialist services.

## Useful Numbers

Bassetlaw District Council  
01909 533 533

Your nearest Immigration Office  
(Sheffield)

[0300 123 2253](tel:03001232253)

Bassetlaw Citizens Advice  
01909 485 656

Local Police –  
101

Non-emergency Health – 111

In an emergency:  
Police, Fire & Ambulance

**999**

All emergency numbers are free to call in the UK

# Housing

If you find yourself needing emergency housing you can contact the Bassetlaw District Council housing department on 01909 533 533.

You can also contact Shelter for advice here - <https://www.shelter.org.uk>

# Healthcare

**Injured or unwell? Use the right service** 

 <b>Self-care</b> <ul style="list-style-type: none"><li>• Grazed knees</li><li>• Sore throat</li><li>• Coughs &amp; colds</li></ul> Visit <a href="https://www.nhs.uk">nhs.uk</a> for self-care advice	 <b>Pharmacy</b> <ul style="list-style-type: none"><li>• Headaches</li><li>• Upset stomach</li><li>• Aches &amp; pains</li><li>• Bites &amp; stings</li></ul>	 <b>111</b> NHS 111 Visit <a href="https://www.nhs.uk">111.nhs.uk</a> or call 111 for advice and support 24 hours a day 7 days a week	 <b>GP</b> Call your GP for symptoms that won't go away	 <b>Minor Injury Unit</b> Urgent but not life-threatening <ul style="list-style-type: none"><li>• sprains</li><li>• fractures</li><li>• burns</li></ul>	 <b>999</b> A&E <ul style="list-style-type: none"><li>• Unconscious</li><li>• Breathing difficulties</li><li>• Stroke</li><li>• Heart attack</li><li>• Heavy bleeding</li><li>• Severe burns</li></ul>
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## General Practitioner (GP)

You need to register with a GP surgery as soon as possible. You can decide where to register, it is usual to choose a GP surgery close to where you are living. Your GP is usually your first contact if you have a health problem.

They can treat many conditions and give health advice. They can also refer you to other specialist NHS services.

Use this link to find a GP - [www.nhs.uk/service-search/find-a-gp](https://www.nhs.uk/service-search/find-a-gp)



If you are pregnant your GP surgery will put you in touch with a midwife. Midwifery services in Bassetlaw are available through Doncaster Bassetlaw Hospital Foundation Trust website - [www.dbth.nhs.uk/services/maternity](https://www.dbth.nhs.uk/services/maternity)



If you have a child under 5 years of age the Health Families Teams (health visitors) linked to your local GP Surgery and Children's Centre are able to provide advice and support on things such as vaccinations, breastfeeding and development checks. This team also includes school nurses, for primary (5-11 years) and secondary (11 - 18 years) aged children.



# Directory

## Council Contacts

**Bassetlaw DISTRICT COUNCIL**  
North Nottinghamshire

Queens Buildings, Potter St,  
Worksop, S80 2AH  
Open Monday - Friday  
9am - 5pm  
Phone: [01909 533533](tel:01909533533)  
[www.bassetlaw.gov.uk](https://www.bassetlaw.gov.uk)



**Nottinghamshire County Council**  
Notts County Council

County Hall, Loughborough  
Road, West Bridgford,  
Nottingham, Nottinghamshire,  
NG2 7QP  
Phone: 01159823823  
[www.nottinghamshire.gov.uk](https://www.nottinghamshire.gov.uk)



## Emergency Food & Advice

**Bassetlaw**

**Worksop**  
100 Bridge Street,  
Worksop, S80 1HZ

**Retford**  
The Square, Retford,  
DN22 6EU  
[www.bassetlawca.org.uk](https://www.bassetlawca.org.uk)








**Bassetlaw BFB Food Bank**

CSL Community Centre,  
Community Way,  
Off Shrewsbury Road, Manton,  
Worksop, S80 2TU  
Phone Number: 07841 564089  
[www.bassetlawfoodbank.org](https://www.bassetlawfoodbank.org)




## Translation Help

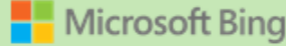
**Microsoft Translator App**   
Free and easy to use instant digital translation app.


   

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**Yandex Translate**  
Free and easy to use translation website  
[www.translate.yandex.com](https://www.translate.yandex.com)



**Microsoft Bing**  
Free and easy to use translation website  
[www.bing.com/translator](https://www.bing.com/translator)



## Community Contacts

**BCVS 50 BCVS**  
Bassetlaw Community and Voluntary Service

[www.bcvs.org.uk](https://www.bcvs.org.uk)

The BCVS (Bassetlaw Community and Voluntary Service) have a directory on their website that has information and contact details for a huge range of community organisations that may be able to help you if you need it.

The website can also be translated into any language to help you find the information you need.

# Schools and Education

## Applying for a school place

You will need to apply for a school place for each child, using the registration process. Please do not contact schools direct. Use this link to apply for a school place for all children in your care:

[www.nottinghamshire.gov.uk/education/school-admissions/apply-for-a-school-place](http://www.nottinghamshire.gov.uk/education/school-admissions/apply-for-a-school-place)



It is your responsibility to arrange for your child(ren) to get to school. Transport to access school is only arranged in exceptional circumstances. Use this link to apply for transport to access school

[www.nottinghamshire.gov.uk/education/travel-to-schools/under-16-mainstream-travel-assistance](http://www.nottinghamshire.gov.uk/education/travel-to-schools/under-16-mainstream-travel-assistance)



## Free School Meals

Nottinghamshire wants to make sure as many eligible children as possible are claiming their free school meals. We use the Department for Education's free school meal checker to determine eligibility.

For more information about how to apply please visit

[www.nottinghamshire.gov.uk/education/school-meals/free-school-meals-and-milk](http://www.nottinghamshire.gov.uk/education/school-meals/free-school-meals-and-milk)



## Advice and Information for parents of children with Special Educational Needs and Disabilities

If your child has Special Educational Needs or Disabilities, a great starting point is the SEND

Local Offer on Notts Help Yourself. [www.nottshelpyourself.org.uk](http://www.nottshelpyourself.org.uk)



# Healthcare

## Pharmacies

Located in many towns, qualified healthcare professionals, can offer clinical advice and over-the-counter medicines for a range of minor illnesses, such as coughs, colds, sore throats, tummy trouble and aches and pains.

This is also where you can get prescriptions once issued by the GP.

Use this link to find a local Pharmacy:

[www.nhs.uk/service-search/pharmacy/find-a-pharmacy](http://www.nhs.uk/service-search/pharmacy/find-a-pharmacy)



## Prescriptions

Prescription medication in England is free to everyone under the age of 16.

You may also qualify for free prescriptions if you are on certain benefits.

You can find out if you qualify here -

[www.nhs.uk/nhs-services/prescriptions-and-pharmacies/who-can-get-free-prescriptions/](http://www.nhs.uk/nhs-services/prescriptions-and-pharmacies/who-can-get-free-prescriptions/)



## Dentist

Some dentists offer NHS treatment and private treatment. You should try to register with a dentist as an NHS patient, although places are limited and may not be close to where you live. Inform them if you are in receipt of benefits as checks and some treatments may be free, other treatments are payable.

Use this link to find your nearest NHS dentist:

[www.nhs.uk/service-search/find-a-dentist](http://www.nhs.uk/service-search/find-a-dentist)



## Emergency or Urgent Access

For acute emergency illness that cannot wait until GP surgery opening hours, telephone 111 for advice, or visit online: [www.111.nhs.uk](http://www.111.nhs.uk) if you have an emergency, needing immediate medical assistance as someone's life may be at risk, telephone 999 for an Ambulance.

You can use this link to find a local Accident and Emergency Centres:

[www.nhs.uk/Service-Search/other-services/Accident%20and%20emergency%20services/LocationSearch/428](http://www.nhs.uk/Service-Search/other-services/Accident%20and%20emergency%20services/LocationSearch/428)



# Healthcare

The Notts Help Yourself information and services directory has lots of information about staying healthy - [www.nottshelpyourself.org.uk](http://www.nottshelpyourself.org.uk)



## Mental Health Services

Mental health problems range from the worries we all experience as part of everyday life to serious long-term conditions. Anxiety, post-traumatic stress disorder and depression are the most common problems. If you have been feeling depressed for more than a few weeks or your anxiety is affecting your daily life, make an appointment to speak to your doctor.

Advice is also available on the NHS website, at [www.nhs.uk/mental-health/nhs-voluntary-charity-services/nhs-services/](http://www.nhs.uk/mental-health/nhs-voluntary-charity-services/nhs-services/) to support you on your way to feeling better.



If you are pregnant or have a young child and have low mood, do speak to your midwife or Healthy Families Practitioner (health visitor) as they will be able to put you in touch with mental health services for parents. Your local Children's Centre Service team has a group, called the PHEW group, where you and your little one can meet other families who may be anxious, depressed or have low mood.

[www.nottinghamshire.gov.uk/care/early-years-and-childcare/childrens-centre-service/supporting-children-and-families-to-be-happy-and-healthy](http://www.nottinghamshire.gov.uk/care/early-years-and-childcare/childrens-centre-service/supporting-children-and-families-to-be-happy-and-healthy)



Nottinghamshire Mind will provide support, information and guidance on mental health issues.

[www.nottinghamshireremind.org.uk](http://www.nottinghamshireremind.org.uk)

0800 470 0203



# Schools and Education

## Children Centre Service

Children's Centres have a range of services for families with children aged 0-5 years old and for those expecting a baby, who live in Nottinghamshire. Some of these are at our purpose-built centres, but many take place in community venues, parks and in the home.

Children's Centre Service staff have expertise in family support, developing parenting skills, promoting health and wellbeing, early years development, community development, communication and language and supporting adults back to work. Children's Centres work with partner organisations to make sure families are supported in whatever area they need.

Each Children's Centre Services team has its own programme of weekly activities, home visit appointments and other services which vary according to the needs of their local area.



To find out more about the Children's Centre Service and the support they can offer you take a look here: [www.nottinghamshire.gov.uk/care/early-years-and-childcare/childrens-centre-service](http://www.nottinghamshire.gov.uk/care/early-years-and-childcare/childrens-centre-service)

For more information on everything linked to being a parent, please take a look at the Parent Carer Zone on Notts Help Yourself

[www.nottshelpyourself.org.uk](http://www.nottshelpyourself.org.uk)



# Schools and Education

## Choosing Early Education or Childcare

Choosing early education and childcare is down to personal preference, budget, age and needs of your child. In England an organisation called Ofsted makes sure that childcare settings are of a good standard. In Nottinghamshire we are fortunate that most of the childcare settings have been graded as Good or Outstanding.

### Childcare settings can be:

- A registered childminder
- A pre-school playgroup
- A day nursery
- A nursery attached to a local school
- For school aged children breakfast clubs, afterschool and holiday clubs are all available.

Details of what is available can be found here:

[www.nottinghamshire.gov.uk/care/early-years-and-childcare/find-childcare](http://www.nottinghamshire.gov.uk/care/early-years-and-childcare/find-childcare)



Before you decide on a childcare provider, it is a good idea to visit your shortlisted settings. You may choose to see more than one setting and visit more than once to help you decide.

Think about taking your child with you to meet the childcare setting. You will be able to see:

- how they get on with other children
- how the child carer interacts with your child

More information about the different types of childcare, funding support and top tips to think about when choosing childcare can be found at Notts help Yourself [www.nottshelpyourself.org.uk](http://www.nottshelpyourself.org.uk)



# Healthcare

An NHS England letter to help those without an NHS number to get a coronavirus (COVID-19) vaccine and register with a GP Healthcare Practice can be found in Ukrainian [here](#) and in English [here](#):



Further information about vaccines, registering with a GP and what to do if you or someone you are caring for is ill can be found on the [GOV.uk website](#):

A leaflet is available in Ukrainian [here](#) and in English [here](#):



# GP surgeries in Bassetlaw



## Bawtry

The Health Centre Station Road, Bawtry, [DN10 6RQ](#)  
01302 710210  
<http://www.bawtryandblythmedical.co.uk>



## Blyth

1 The Archway High Street, Blyth, [S81 8EQ](#)  
01909 591254  
<http://www.bawtryandblythmedical.co.uk>



## Kingfisher Family Practice

Retford Primary Care Centre, North Road, Retford, [DN22 7XF](#)  
01777 702381  
<http://www.kingfisherfamilypractice.co.uk/>



## Crown House Surgery

Retford Primary Care Centre, North Road, Retford, Postcode, [DN22 7XF](#)  
01777 703672  
[www.crownhousesurgery.co.uk](http://www.crownhousesurgery.co.uk)



## Carlton-in-Lindrick

Long Lane Carlton-in-Lindrick, [S81 9AR](#)  
01909 732933  
<http://www.larwoodsurgery.co.uk/>



## Lakeside Surgery

Church Street Langold, [S81 9NW](#)  
01909 732933  
<http://www.larwoodsurgery.co.uk/>



## Larwood Health Centre

56 Larwood Worksop, [S81 0HH](#)  
01909 500233  
<https://www.larwoodhealthpartnership.co.uk>



## Newgate Medical Group

Newgate Street, Worksop, [S80 1HP](#)  
01909 500266/500288  
<http://www.newgatemedicalgroup.co.uk/>



## North Leverton Surgery

Sturton Road, North Leverton, Retford, [DN22 0AB](#)  
01427 880223  
<http://www.northlevertonsurgery.nhs.uk>



## Oakleaf Surgery

Harworth Primary Care Centre, Scrooby Road, Harworth, [DN11 8JT](#)  
01302 243230  
<http://www.larwoodsurgery.co.uk/>

# GP surgeries in Bassetlaw



**Riverside - Gringley**  
Leys Lane, Gringley on the Hill, [DN10 4QU](http://www.riversidehealth.co.uk)  
01777 713330  
[www.riversidehealth.co.uk](http://www.riversidehealth.co.uk)



**Riverside - Harworth**  
Harworth Primary Care Centre, Scrooby Road, Harworth, Doncaster, [DN11 8JT](http://www.riversidehealth.co.uk)  
01777 713330 | [www.riversidehealth.co.uk](http://www.riversidehealth.co.uk)



**Riverside - Retford**  
Riverside Walk, Retford, [DN22 6FE](http://www.riversidehealth.co.uk)  
01777 713330  
[www.riversidehealth.co.uk](http://www.riversidehealth.co.uk)



**Riverside - Misterton**  
Marsh Lane, Misterton, Doncaster, [DN10 4DL](http://www.riversidehealth.co.uk)  
01777 713330 | [www.riversidehealth.co.uk](http://www.riversidehealth.co.uk)



**Tuxford Medical Practice**  
Faraday Avenue, Tuxford, [NG22 0HT](http://www.tuxfordmedicalcentre.co.uk)  
01777 870203  
[www.tuxfordmedicalcentre.co.uk](http://www.tuxfordmedicalcentre.co.uk)



**Westwood Worksop**  
Pelham Street, Worksop, [S80 2TB](http://www.lanwoodsurgery.co.uk)  
01909 509010  
[http://www.lanwoodsurgery.co.uk/](http://www.lanwoodsurgery.co.uk)

## The Bassetlaw Healthy Family Team

Nottinghamshire Healthcare NHS Foundation Trust's Healthy Family Teams provide care and support to parents, carers and families across the whole 0-19 years age range in Bassetlaw.

We offer a 'single point of access' Advice Line for parents, carers and healthcare professionals who want to speak to us for advice or support, covering the 0-19 years age range. It operates Monday to Friday, from 9am to 4.30pm, and can be accessed by calling 0300 123 3387 and pick option 4. Note: This number will change to 0300 123 5436 from April 12th, 2022.

Parentline is the Healthy Family Teams' confidential texting service to provide parents and carers with advice around feeding, child development, parenting advice and support, emotional health and wellbeing, behaviour difficulties and family health.

Text: 07520 619919.

ChatHealth is a confidential texting service for 11 to 19-year-olds, where young people can confidentially ask for help about a range of issues. They can also find out how to access other local services including emotional support or sexual health services.

Text: 07507 329952.

We also provide local information and advice on 3 websites:

Health for Under 5s

<https://healthforunder5s.co.uk/nottinghamshire>

Health for Kids

<https://www.healthforkids.co.uk/nottinghamshire>

Health for Teens

<https://www.healthforteens.co.uk/nottinghamshire>

For more details visit:

[www.nottinghamshirehealthcare.nhs.uk/healthy-family-teams](http://www.nottinghamshirehealthcare.nhs.uk/healthy-family-teams)



# Schools and Education

## Services for Children including Education, Early Learning and Childcare

In the UK, the law states that fulltime education is compulsory for all children from the term after their 5th birthday until the age of 16, but there is an expectation that young people will remain in education, employment or training until the age of 18.

## Early Learning and Childcare

Many children start their early learning before 5, as all 3 and 4 year olds are entitled to 15 hours per week during term time.

<https://www.nottinghamshire.gov.uk/care/early-years-and-childcare/help-with-childcare/15-hours-funded-childcare-for-three-four-year-olds>



15 Hours

Three and 4 year olds whose parents work are entitled to up to 30 hours per week.

<https://www.nottinghamshire.gov.uk/care/early-years-and-childcare/help-with-childcare/30-hours-funded-childcare-for-three-and-four-year-olds>



30 Hours

Some 2 year olds are eligible for up to 15 hours per week

<https://www.nottinghamshire.gov.uk/care/early-years-and-childcare/help-with-childcare/funded-early-years-places-for-two-year-olds>



15 hours age 2