

Tu Vida



Nottinghamshire
Carers Hub



PERCURRA
Excellence through care

Free Training for Carers

‘Moving and Positioning’

Wednesday 15th March 2023

10.30am–2.00pm

Refreshments & lunch provided

The Moving and Positioning course teaches the principles of physical movement and manual positioning of a person, how injuries are caused and how to prevent them and how to safely perform moving and positioning tasks

The course will be delivered by PerCurra Ltd at their training venue: 117 Trent Boulevard, Lady Bay, West Bridgford, Nottingham NG2 5BN.

Public transport from City Centre, bus number 11

Places are limited and must be booked in advance, to book your place or for more information please call the Carers Hub on 0115 824 8824 / nottinghamshirehub@tuvida



Nottinghamshire
County Council

