

Tackling Loneliness Collaborative Nottingham and Nottinghamshire

During 2022, TLC commissioned Nottingham Trent University to undertake research on Loneliness in Nottingham and Nottinghamshire.

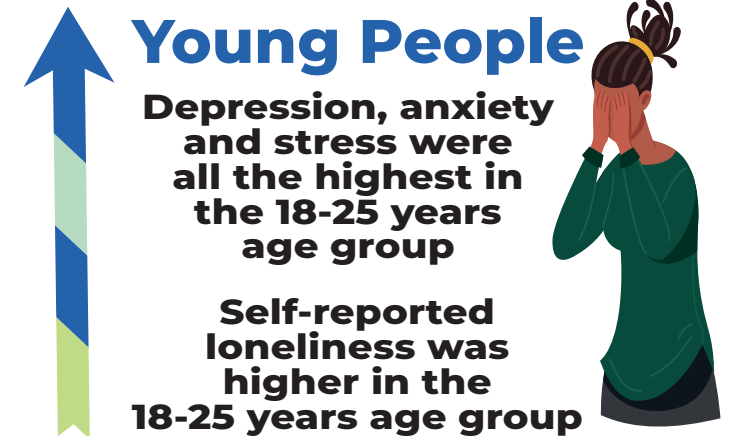
795 people took part in our research survey

213 services on our database

The TLCNN is made up of over 110 people from Organisations and Groups, as well as individuals with a passion for tackling loneliness.

NTU Research Recommendations:

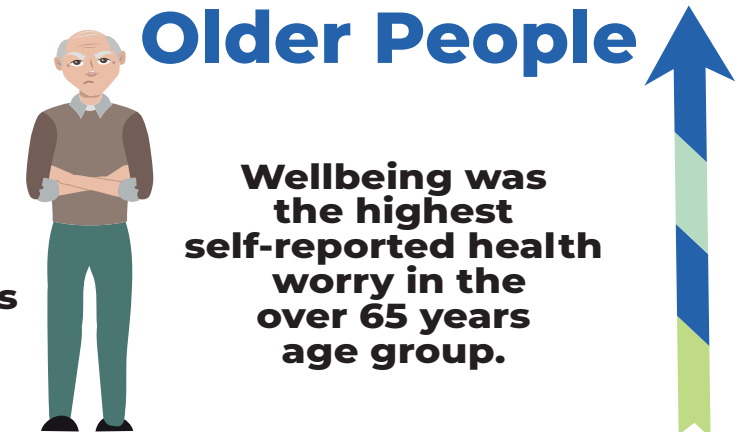
- A central body to provide oversight of diverse services and reduce duplication
- An increase in advertising and a more targeted outreach
- Better access to flexible funding to meet diverse service needs
- Monitoring of changing needs of vulnerable populations
- Consideration of the ways that service engagement can lead to wider social connection
- Recognition of the impact of group dynamics



Young People

Depression, anxiety and stress were all the highest in the 18-25 years age group

Self-reported loneliness was higher in the 18-25 years age group



Older People

Wellbeing was the highest self-reported health worry in the over 65 years age group.

