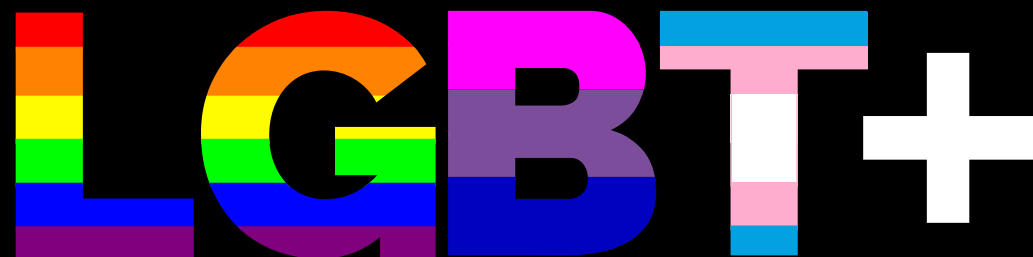




registered charity number 1074728



COMMUNITY FUND



SERVICE ^{NOTTINGHAMSHIRE}®

Providing specialist one-to-one, group and counselling services for young people aged 11-25 and their families across Nottinghamshire

Services for Professionals

We specialise in providing high-quality training and consultancy for professionals across the private, public and voluntary sector. We have subject matter experts who can assist your organisation in a range of areas including policy and strategy development.

Our training and consultancy provides professionals with the opportunity to gain a range of valuable skills and knowledge that will enable them to confidently work with and support LGBT+ service users, customers, learners, employees and colleagues. All packages are delivered by our highly skilled training and consultancy team. We can also provide bespoke training services tailored to meet individual organisational requirements on both a full and half day basis. To discuss the needs of an organisation and the services we are able to provide in more detail please contact us or visit our website for more information on these services and the training courses available.

Further Information

For further information on any of these services, please contact us on the details listed below. Referrals to all services can be made by professionals working with young people or families of young people. Self-referrals can be made by young people aged 13 and over.

LGBT+ Service Nottinghamshire
The Centre Place
Abbey Street Community Centre
Abbey Street
Worksop
S80 2LA

For confidential information,
or to make a referral,
please contact:
☎ 01909 479191
✉ info@lgbtplusnotts.org.uk
🌐 www.lgbtplusnotts.org.uk



Support for young LGBT+ people

Parent and carers support

LGBT+ counselling

Trans* support



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About Us

The LGBT+ Service Nottinghamshire was established by The Centre Place in 2016 as an addition to the LGBT+ support being provided since 2010 through the Worksop Out on Wednesday (WOW) young people's LGBT+ service.

We provide a range of specialist services for children and young people aged 11-25 who identify as LGBT+ (lesbian, gay, bisexual, trans and any other sexual orientation), or may be questioning their sexual orientation or gender identity.

We also provide training and consultancy services for professionals across the private, public and voluntary sector.

Services for children, young people and families

Weekly 11-16 and 16-25 LGBT+ groups

Providing a safe and non-judgmental place where children and young people can be themselves, meet new friends, take part in activities and access specialist support from trained staff on a range of issues.

- 16-25 LGBT+ Group
- 11-16 LGBT+ Group

Trans*/Gender Diverse Group

Providing a safe and supportive space for children and young people to explore gender identity and diversity, meet other trans people, increase peer support networks and reduce their isolation. In addition to this staff have structured information sessions as part of each group focusing on trans* specific information and are able offer one-to-one support.

Monthly Parents and carers support

Providing a safe space for parents and carers (whose children identify as LGBT+ or are questioning their sexual orientation and/or gender identity) to meet other parents and carers in the same or similar situations, access support and information and enable them to understand, accept and support their LGBT+ family members.

One-to-one support

Additional one-to-one support sessions are available outside of these groups for children, young people and parents and carers.

LGBT+ Counselling Services

Counselling

Professional one-to-one counselling therapy for LGBT+ children and young people addressing a range of mental health issues.

Family Mediation

Working with a family unit, giving them the opportunity to express their feelings, explore and understand their difficulties and help and support to try and find ways of managing these more effectively.

Services available in schools

One-to-one support

Direct one-to-one interventions can be provided with our specialist LGBT+ Social Workers, which includes an assessment of needs and a programme of work to address and meet these needs over a period of 6-12 weeks.

Group sessions

Group sessions can be delivered within school and educational settings for children and young people aged from 11 years.

