

# BCVS NEWS

Bassetlaw Community and Voluntary Service

## A Social Prescribing Success Story



Following an accident that left them paralysed, a patient was referred into one of our Social Prescribing Link Workers. The patient had previously been a keen angler and in the conversation with the Social Prescriber they talked about their dream of being able to fish again. They had been confined to 4 walls a lot of the time, and were not able to find anyone that could help them make their dream become a reality.

A joint home visit with the Social Prescriber and the patients Physiotherapist took place and there was a productive discussion about adapted techniques and the types of fishing tackle that could be used from a wheelchair. The Social Prescriber visited fishing lakes until a suitable site with vehicle accessible concrete fishing platforms was found. A very helpful lake owner confirmed that they would be able to come and assist the patient if any help was ever needed.

The Social Prescriber attended the fishing lake with the patient on their first visit and since then the patient has regained their passion for this hobby and spent time sorting their fishing tackle out to find the equipment that works best.

They now go fishing regularly with family.

They feel like they have their old self back again, and that they are feeling much happier.

As a result of this work, the patient has reduced their level of loneliness, been supported with progression towards improved self-care and the overall result has also improved their mood and physical activity.

If you feel like you would benefit from the Social Prescribing service, you can self-refer here -

[www.bcv.org.uk/nnspreferal](http://www.bcv.org.uk/nnspreferal) or telephone BCVS on 01909 476118 for more information.

## Cost of Living Support Volunteers Required CommuniTea comes to Retford The Power of Social Prescribing

### Cost of Living

support available in Bassetlaw

Working together to help our local community.

Advice and support available in Bassetlaw to help with:  
Money, Mental Health, Families, Food, Clothing, Energy, Housing and Abuse.



Scan the QR code to access all the information and advice available. If you would like a paper copy of the booklet, please contact BCVS.



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[www.bcv.org.uk](http://www.bcv.org.uk) | [bcvs@bcvs.org.uk](mailto:bcvs@bcvs.org.uk) | 01909 476 118  
[www.bcv.org.uk/costofliving](http://www.bcv.org.uk/costofliving)

## Could you volunteer at the winter vaccination clinics?



The upcoming vaccination clinics taking place throughout the winter months across Bassetlaw are on the look out for volunteers. If you think you might be able to spare a few hours a week to help, please email Annie Parry - [involve@bcvs.org.uk](mailto:involve@bcvs.org.uk)

RHURD FARM PRESENTS

## COMMUNITEA

A 2-course meal for £1 - open to all.

ON TOUR



Mon 5th Dec - Hallcroft Methodist Church  
Tues 6th Dec - Grove Street Methodist Church  
Please visit [www.bcv.org.uk/bfin](http://www.bcv.org.uk/bfin) for more information

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