



A 90 year old patient regains some independence.

What happened

The patient was in their nineties and had been discharged from Doncaster hospital. They required further support to due to social isolation, loneliness and mobility concerns.

The patient was a wheelchair user and needed assistance to operate the chair.

They also expressed a desire to visit a relative in a neighbouring village but did not have transport to do this.

How we helped

The Hospital Discharge Social Prescribing Link worker assigned to this patient supported them to access the following service providers:



Clarbrough Village Hall Coffee Mornings to give the patient the opportunity to meet new people.



Bassetlaw Action Centre community transport scheme to enable the patient to visit their relative.



Royal Voluntary Service Befriending Scheme

Key outcomes and impact:

- ✓ Improved stimulation and mental health as a result of getting out more and feeling more confident.
- ✓ Reduced loneliness after making friends at the Coffee Morning.
- ✓ Enhanced mobility and community interaction as a result of reconnecting with the BAC community transport scheme and RVS befriender.



Patient Quote:

“ Thank you for organising someone to push me to the coffee morning. I am having a lovely time and enjoying being around other people. I was so lonely before. ”



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