

**As a result of a fall, the patient needed further support to aid recovery.**

## What happened

After having a fall, a patient realised that not only did she need help and support with her day to day life as a result of her injuries, it was also apparent that she needed additional support in other areas of her life.

They were referred in to BCVS for support with claiming benefits, accessing physical activity and exploring the possibility of community transport schemes.



## Patient Quote



**Absolutely super - we are very lucky in Bassetlaw to have this service.**



## How we helped

The Social Prescribing Link worker assigned to this patient supported them to access the following service providers:



Bassetlaw Action Centre community transport scheme and minibus trips.



Barnsley Premier Leisure seated exercise classes.



NCHA connect benefits support.

## Key outcomes and impact:

- ✓ Increased physical activity as a result of the seated exercise class.
- ✓ Reduced loneliness as a result of creating new friendships and connections via the community transport scheme and minibus trips.
- ✓ Additional income secured as a result of a successful attendance allowance claim, providing valuable extra funds for the patient.

