



**Headline**

Following a bereavement, support is found to help with work, friendship & activities, home safety, volunteering and counselling.

**Reason for referral and presenting issues**

The lady had been to Bassetlaw Bereavement support following the death of her husband. She has additional multiple health issues that include arthritis. Asthma, High blood pressure and IBS and is looking for support with friendship, community activities, volunteering, work and health.

**Services signposted and referred into**

Bassetlaw District Council for a homecall alarm and access to the Money Advisors Aurora for bereavement counselling and friendship groups  
Bassetlaw CVS for volunteering and activity groups  
Christians Against Poverty for CV and job interview support  
Everyone Health for weight management help

**Outcomes as a result of the NNSP referral**

A homecall alarm was supplied within 2 weeks and the lady feels much more secure when alone at home. She has started to attend aqua-aerobics at her local sports centre and is working with the weight management support team at Everyone Health.  
She spoke to CAP for the CV and job interview support but in the meantime the Bassetlaw DC money advisors had helped her to complete a PIP form which she was waiting on the outcome for.  
She had attended Aurora and was planning to return.  
She has met with the volunteer coordinator and is looking at different volunteering options before making a final decision.

**Patient Quote (if available)**

“Things feel very different for me now – thank you for your help”

