

Single parent with long-term health conditions and mental health difficulties.

What happened

The patient was struggling with financial worries and stress. They also had a number of long-term health conditions which also impacted on their mental health and mood.

They were a single parent, as a result of a marriage break down 8 years ago.

There were still some unresolved issues with the ownership of the house.

They had some money worries and were very concerned about the impact of winter and the rising cost of living, especially energy.

How we helped

The Social Prescribing Link worker assigned to this patient supported them to access the following services:



Issued with a Bassetlaw Cost of Living booklet



Foys Solicitors for advice about the concerns with the mortgage.



Bassetlaw Action Centre - Staying Well Programme for pain management






Jigsaw for hoarding support



Oasis - The Edge - for mental health support

Key outcomes and impact:

-  Vast improvement to mental health and a more positive feeling about the future as a result of getting the support they needed.
-  Improved money management skills and now knows what financial help they can access, thanks to the COL booklet.
-  Enhanced physical activity and pain management due to BAC staying well programme.



Patient Quote:

“ I feel so much lighter just being able to get all my problems off my chest. Knowing someone is there to help me is such a relief. My social prescribing link worker deserves a gold medal. ”



Bassetlaw Place-Based Partnership

