

TRAINING NEWSLETTER









THE OFFICIAL DAAS NEWSLETTER FOR TRAINING AND INFORMATION

Hello and welcome to the DAAS summer Newsletter. Please share this newsletter with you colleagues, managers or any contacts you feel would benefit from reading it.



54% of UK **Adults drink** alcohol on a regular basis When working within social care and supported housing I know I saw problematic drug and alcohol use a lot more than these stats suggest. There is no reason not to get more confident in working with this group.

To be able to effectively identify, assess and support clients with problematic substance use you need to know enough... not a lot, just enough to capable of starting a feel conversation and passing on helpful information.

As part of the Drug and Alcohol support, we provide funding for health, social and community staff to access free drug and alcohol awareness training. Delivered by DRP this training covers information about the substance, how and why it may be used, possible health and social consequences to use and ways to maybe intervene and assist clients to access help and support.

When this training is free to access for Derbyshire professionals, it would be a mistake to miss out on developing your skills, knowledge and understanding of drug and alcohol use.

DAAS Online Course Dates

www.alcoholadvice.eventbrite.com for individual bookings Alcohol Awareness and Introduction to training@daas.uk.com for group bookings

Alcohol Awareness and Introduction to Brief Interventions

Tuesday 19 July 2022 - 12:30pm - 4:30pm

Substance (Drug) Awareness

Thursday 7 July 2022 - 12:30pm - 4:30pm

Alcohol Awareness and Introduction to Brief Interventions

Tuesday 19 July 2022 - 12:30pm - 4:30pm

Brief Interventions

Tuesday 9 August 2022 - 10:00am - 2:00pm

Substance (Drug) Awareness

Thursday 11 August 2022 - 10:00am - 2:00pm

Substance (Drug) Awareness

Thursday 13 September 2022 - 12:30pm - 4:30pm

Alcohol Awareness and Introduction to Brief Interventions

Tuesday 22 September 2022 - 12:30pm - 4:30pm

The training is funded for Health, social and community staff and other relevant workers within Derbyshire (exc Derby City). It is now possible for staff outside to attended our courses for a small cost.

To book a place please visit www.alcoholadvice.eventbrite.co.uk

Upcoming Events......



Thursday 30th June 2022

Want to know more about Derbyshire Drug and Alcohol Services?

9.15am - 9.45am

- · Who are we
- What we do and who we help
- How to refer into the service

A 30 min **FREE** Webinar hosted by our alcohol and drug trainer, **Ross**.

www.daas.uk.com/breakfast before 9.15am to join on the day.

To refer someone to our alcohol or drug service call 01246 206514 or

STAND TO Derbyshire Veteran Community Services

In order to recognise Armed Forces Day (which is a national celebration of the UK's Armed Forces, past, present and future) STAND TO will be at Vicar Lane, Chesterfield on Friday 24th June 2022.

Come along to talk to staff and volunteers to find out more about the support available for our veteran community and learn more about the various projects STAND TO VCS offer.

Staff and volunteers will be there from 10.30am till 3.30pm. If you are not able to attend go to www.standto.coo.uk to learn more

There will also be information about us on the big screen on the big screen for the next month





This year DAAS, Stand To and DRP are joining forces with Pride Chesterfield in July to help raise awareness of alcohol and substance use within the LGBTQ+ community.

Evidence shows that LGBTQ+ people are more likely to have a problematic relationship with alcohol. 16% drink alcohol nearly every day, a number which rises to 33% for those over 65.



It is thought that alcohol is more prevalent issue within the LGBTQ+ community partly due to the increased rate of mental health conditions, arising from exposure to bullying and discrimination, which can lead to using alcohol as a coping mechanism.

Our aim at the event is to raise awareness of the dangers of problematic drinking and give ideas of other ways to help manage issues surrounding stress and anxiety.

September is Recovery Month

The next edition of this newsletter will be a special dedicated to Recovery Month, the international celebration and recognition of recovery from problematic substance use. If your organisation is doing anything that you want people to know about, please get in touch and we can give you a 'shout out'!

Thank you for reading our newsletter. We hope you enjoyed it, please keep a look for our next special edition Autumn 2022, Until that time please check out our training and share it with any colleagues.