**Tech Buddy Volunteer Role Description**

**Location:** We are looking for volunteers across Derbyshire. This role is agile.

**Hours**: Varied (minimum 1 hour p/w)

Would you like to be involved in the peer support network across Derbyshire?

Do you want a rewarding opportunity where you can really make a difference in somebody’s mental health journey?

*If yes, then join our team at the Derbyshire Recovery and Peer Support Service!*

The Tech Buddy Scheme aims to address the increasing issue of Digital Isolation by matching Tech Savvy Volunteers with individuals who may be too anxious or lack the confidence to use technology to stay connected with friends, family and other support networks. A Tech Buddy Volunteer doesn’t need to be an internet expert, but you should be confident in using both social media and technology.

**Who are we?**

The Derbyshire Recovery and Peer Support Service provides goal focused 1;1 support, telephone support, mental health surgeries and the development of peer facilitators and peer groups across the county. If you volunteer with us, you will be part of a passionate team who work to improve mental health support across Derbyshire, gain essential experience to add to your CV and the chance to make a real difference in people’s lives.

**What will you be doing?**

* Working with individuals with the Wellbeing Hubs or Peer Support Groups.
* Clearly explaining how to use social platforms which include but are not limited to: Facebook and Facebook Messenger, WhatsApp, Zoom, Microsoft Teams, Email services and FaceTime.
* Creating resources for your Tech Buddy recipient to use to help them understand the social platforms.
* Planning out support sessions for your Tech Buddy Recipient.

**Do you have what we are looking for?**

* An in interest in mental health or supporting those with mental illness.
* Knowledge of various social platforms.
* Excellent active listening and ability to build rapport.
* Able to relate to people from all backgrounds and the ability to remain non-judgemental.
* Understand the importance of confidentiality.
* The ability to explain clearly and confidently how to use the desired platforms.

**What will you receive?**

* Access to various training opportunities.
* An enhanced DBS check.
* 1:1 Supervision with the Peer and Volunteer Co-ordinator.
* Upgraded zoom account if needed.