



Bassetlaw





SPRING/SUMMER UPDATE

MAY 2022

We will soon be launching our minibus lunch club trips to a range BCVS we are now of eateries in the local area.



We have a range of Befriending opportunities to reduce social isolation including telephone befriending, group befriending

> and peer to peer befriending in addition to traditional face to face options.

Thanks to funding from Bassetlaw CCG Men Walk Talk continues to go from strength to strength. We have sessions in Kings Park, Idle Valley and at Langold Lake

Our staff and volunteers in our GOGA project continue to offer one to one walking support and to increase participation in activity. Get Out Get Active

all targets set by our Big Energy Saving funding which resulted in a £500 bonus payment being made to the charity. This was great recognition for the work done!

In partnership with offering Digital Literacy Support to people

interested in finding out which are shopping, sitting, the best NHS Apps to use to find accurate health information.



The Community Car Scheme is available to anyone unable

to make their journey by public transport. We are also looking for more volunteer drivers to join us. All expenses are reimbursed.

Walk Talk and Stay Pawsitive in various venues throughout Bassetlaw. This is funded by South Yorkshire Community Foundation/ Green Social Prescribing.

We have just placed an order for a In addition to our Staying Well brand new electric Wheelchair Accessible Vehicle (WAV). We are access to a range of opportunities hoping to have the new vehicle by the end of June and more details will be available in due course.

Our energy co-ordinator exceeded Bassetlaw Action Centre in collaboration with BCVS and 7 other organisations, is to receive £220,000 for the development of community volunteering opportunities.

Our Home Support Service can provide a range of domestic support services to individuals including cleaning,

meal-preparation, laundry etc.



We have two new Volunteer Recruitment Administrator posts with our Partners in the Bassetlaw Delivery Partnership (Aurora, Bassetlaw Action Centre and Bassetlaw Citizens Advice) with thanks to NCC for their funding to support this.

..... and we have launched Women We have two Long Term Condition (LTC) Health Coaches at Bassetlaw Action Centre to support Patients registered with the Retford and

Villages Primary Care Network.



Courses we are also offering dedicated courses for Patients with Long Covid.

Thanks to funding from Bassetlaw CCG.

We have a range of partners delivering their services through our building including: Your Health Your Way, South Yorkshire **Housing Association and Change** Grow Live (CGL) Nottinghamshire.