

Natter Cafe



We are an easy to access older adults peer support group for those who are in need of a little extra support. The group aims to create a safe environment for members to help provide support for one another by offering a listening ear. The group is a relaxed, drop in style group with free refreshment.

**BASED IN
CHESTERFIELD TOWN
CENTRE AT WELLBEING
HUB, 61-63 LOW
PAVEMENT.**

**EVERY MONDAY FROM
12:30 - 2:30 PM**



Derbyshire Recovery & Peer Support Service



For more information please call 01773 734 989, or just drop by and introduce yourself. or email us at DerbyshireRecoveryPeerSupportService@rethink.org

Natter Cafe

Natter Cafe is an easy to access peer to peer support group, that meets every Monday in Chesterfield

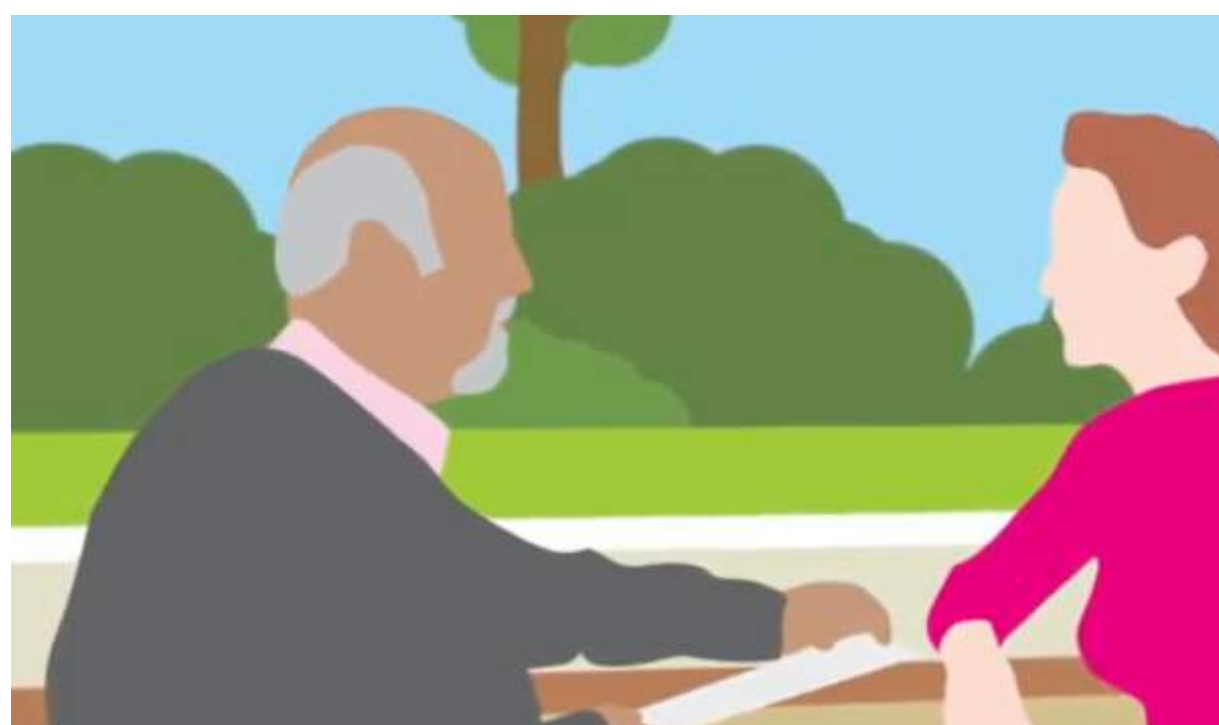
Natter Café aims to create a safe environment for members to help build resilience, confidence, and independence as well as make new friends by the way of interaction and group activities.

It is a place in which members can provide support to one another, educate each other by highlighting additional signposting to other support available locally, and by offering a listening ear.

This is all done in an informal drop-in-style café, where free refreshments are available.

Safeguarding and Confidentiality

Due to the nature of the group, Natter Cafe strongly upholds the principle of confidentiality and the safeguarding of members, meaning no personal information shared within the group is discussed outside of the group. Confidences would only be broken if a member discloses that they are going to harm themselves (or someone else), any known criminal activities, and, abuse, including sexual, financial, psychological, or physical. Such concerns should be escalated to the appropriate person, persons, or organization. so please report immediately as above if you do have concerns



If you are worried about attending for the first time, please contact us in advance, to ask any questions and or seek support in attending the group for the first time, by emailing us:

DerbyshireRecoveryPeerSupportService@rethink.org or call our single point of access number on 01773

734 989