**JOB DESCRIPTION**

**HEALTH AND WELLBEING CANCER COACH**

**Primary Duties & Responsibilities:**

* Provide 1:1 personalised assessment and care planning to individuals with a cancer diagnosis, through a holistic centred approach. Carry out an initial assessment of patient’s psychological, emotional and information requirements
* Provide tailored coaching frameworks to help patients to identify and achieve their needs and set goals
* Liaise and work closely with the 5 GP Practices and then Cancer Specialist at Aurora in order to provide a seamless pathway of support for patients
* Work in partnership with clinical and non-clinical staff that form part of the PCNs Personalised Care team
* Assist and help patients to take back as much control as possible over various aspects of their life, including signposting or referring to appropriate, specialist services. Explore and support patient access to a personal health budget, where appropriate, for their through signposting via the Personalised Care Team
* Provide follow up calls with patients, offering continued support and encouraging self-management through the ever-changing needs of their diagnosis and treatment
* Manage and prioritise a caseload, in accordance with the health and wellbeing needs of their population through taking an approach that is non-judgemental, based on strong communication and negotiation skills, while considering the whole person when addressing existing issues. Where required and as appropriate, the Health and Wellbeing Cancer Coach will refer people back to other health professionals within the PCN
* Develop collaborative relationships and work in partnership with health, social care, community and voluntary sector providers and multi-disciplinary teams. To holistically support patients’ wider health and well-being, public health, and contributing to the reduction of health inequalities
* Provide education and specialist expertise to PCN staff, supporting them to improve their skills and understanding of personalised care and behavioural approaches
* Facilitate the quarterly PCN Cancer Project Group, which focuses on working towards improving cancer care
* Input case notes and data on the two PCN clinical tools (Systm1 and EMIS) in a timely manner and maintain an up-to-date client spreadsheet
* Provide support to local community groups and work with other health, social care and voluntary sector providers to support the patients; health and well-being holistically. Working closely in partnership with the Social Prescribing Link Worker(s) or social prescribing service provider to identify and work alongside people who may need additional support
* To undertake, enrolled in, or qualified from appropriate health coaching training covering topics outlined in

the NHS England and NHS Improvement Implementation and Quality Summary Guide. The training will have been gained or accessed by a training organisation listed by the Personalised Care Institute

* To take part in formal individual and group coaching supervision with a qualified or experienced individual, accessed via Aurora and/or the training provider
* Raise awareness within the PCN of shared decision making and decision support tools and supporting people in shared decision-making conversations