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Themes: Bereavement and Grief, Children's Health and Behaviour, Children's Mental Health, Children with Learning Disabilities, Children with Specific Health Conditions, Counselling, Deaf/Hearing Impaired, Learning Disabilities, Mental Health, Physical Disabilities, Public Sector Services, Sexual Health, Visual Impairment

Aimed at: All People
Health A to Z

Your complete guide to conditions, symptoms and treatments, including what to do and when to get help.

Medicines A to Z

Find out how your medicine works, how and when to take it, possible side effects and answers to your common questions.

Coronavirus (COVID-19)

Get the latest advice about COVID-19, including information about symptoms, self-isolation and testing.

Help us help you get the treatment you need

Because of coronavirus (COVID-19), it can be hard to know what to do if you're unwell. It's important to get medical help if you think you need it.

For help from a GP – use your GP surgery's website, use an online service or app,

or call the surgery.

For urgent medical help – use the NHS 111 online service, or call 111 if you're unable to get help online.

For life-threatening emergencies – call 999 for an ambulance.

If you're advised to go to hospital, it's important to go.

NHS App

The NHS App lets you book GP appointments, order repeat prescriptions and access a range of other healthcare services.

Healthy living

Advice, tips and tools to help you make the best choices about your health and wellbeing.

Lose weight

Eat well

Help with stress, anxiety and depression

Exercise

Area: Bassetlaw, Bolsover

Contact Details

111- out of hours

<https://www.nhs.uk/>

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