

[Back to listing](#)



Themes: Mental Health

Aimed at: All People

Providing support, information and signposting to people with dementia and their carers. Home visits and information/support via telephone.

National Helpline

call 0300 222 1122

National Website

www.alzheimers.org.uk

The Dementia Guide

Suitable for anyone who has recently been diagnosed with dementia and their families. Can be ordered free from the website.

BASSETLAW DISTRICT -

Activity centre

Where?

55 Union Street, DN22 6LB

Who's it for?

Staff cannot assist with personal care so, if assistance is likely to be required, please bring a carer.

Anyone, including those with dementia

Description:

The Time Machine offers a friendly and fun activity centre designed to exercise mind and body. Designed for anyone struggling with mental health challenges such as anxiety and depression, the service offers groups such as: music appreciation; memory enhancing activities, a variety of classes and talks. There are also extra events outside of the regular times of the centre, including some weekends, which are advertised on an ad hoc basis.

Activity group and friendship cafe

Where?

55 Union Street, DN22 6LB

Who's it for?

There will be an assessment either by home visit or at the venue to determine if a carer is required to stay with the visitor who is affected by dementia or has memory difficulties. This is to ensure the safety and well-being of the visitor.

Anyone affected by dementia or experiencing memory difficulties and their carers

Description:

The Time Machine runs an activity group and friendship café, offering refreshments and memory enhancing activities including music sessions, seated exercise, crafts and even Makaton sign language lessons. The programme is very much visitor-led and so requested activities can be accommodated.

Forget Me Not Club Bassetlaw

Where?

The Beeches Community Centre The Beeches Tuxford, NG22 0NF

Who's it for?

No personal care available

Anyone affected by dementia, including family, carers and those living with dementia

Description:

The Forget Me Not Club is a weekly social club for anyone affected by dementia. Two-course lunch and afternoon refreshments, bingo, entertainment and

activities are provided as well as trips out.

BOLSOVER DISTRICT -

Singing for the Brain online - Bolsover

Where?

Bainbridge Hall Community Centre, Carr Vale, S44 6PX

Who's it for?

People with Dementia and their carers, family and friends

Residents of, or people registered with a GP within, Derbyshire excluding Derby City

Description:

Join our online singing group where you can meet new people in a friendly, fun and social environment. Singing can improve your brain activity, wellbeing and mood. You don't need to be a good singer to benefit. Join us for fun vocal warm-ups and sing a wide variety of familiar and new songs in a supported environment. The group is hosted by our skilled, compassionate and experienced group leaders.

Singing for the Brain online - Shirebrook

Where?

Shirebrook Miner's Welfare, Central Drive Shirebrook, NG20 8BA

Who's it for?

People with Dementia and their carers, family and friends

Residents of, or people registered with a GP within, Derbyshire excluding Derby City

Description:

Join our online singing group where you can meet new people in a friendly, fun and social environment. Singing can improve your brain activity, wellbeing and mood. You don't need to be a good singer to benefit. Join us for fun vocal warm-ups and sing a wide variety of familiar and new songs in a supported environment. The group is hosted by our skilled, compassionate and experienced group leaders.

Online Chesterfield Memory Cafe and Activity Group

Where?

Rose Hill United Reformed Church, Rose Hill United Reformed Church, 22 Soresby Street, S40 1JN

Who's it for?

People with Dementia and their carers, family and friends

Residents of, or people registered with a GP within, Derbyshire excluding Derby City

Description:

Chat to people who have been affected by dementia in a friendly and relaxed, social environment at our online dementia café. Dementia cafés provide useful information in a structured and relaxed setting that gives the opportunity for people with dementia, families and carers to ask questions and learn from the experiences of people in similar situations.

Area: Bassetlaw, Bolsover

Contact Details

Alzheimer's Society

Scott Lodge

PL2 3DU

0333 150 3456

<https://www.alzheimers.org.uk/>

[Back to Listing](#)