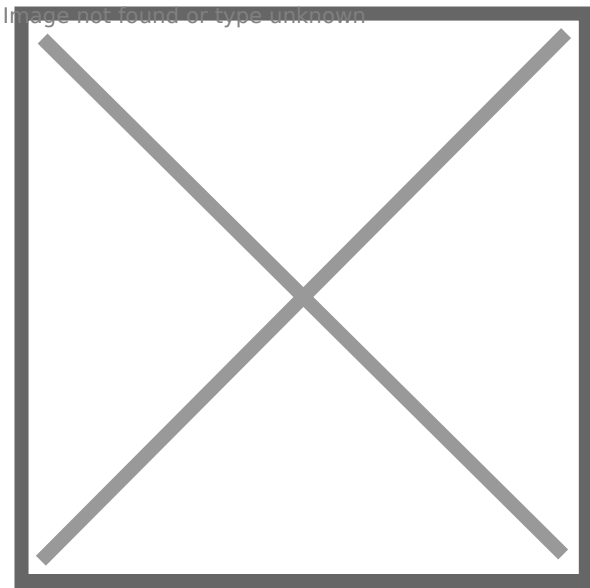


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**Themes:** Advocacy, Children's Health and Behaviour, Families and Children, Parenting

**Aimed at:** Adults 18+

Family Lives' mission is to work around the clock to transform the lives of families. Our experience enables us to help families with any problem or challenge that they face. Our trained family support workers offer all adult family members immediate help on the phone, online or in local communities. We use our knowledge to campaign for changes to policy that support family life and use our first hand "family know how" to train and support professionals.

We are committed to providing evidence-based practice, adapted to the needs of local families and communities. We continually evolve our services to meet the growing and changing needs of families, particularly the most vulnerable or disadvantaged. We work in a variety of community settings, including schools, Sure Start centres, GP surgeries and criminal justice.

Services We provide a range of services including face to face individual and group support, phone based support and online support, including:

Parentline, free 24 hour confidential helpline on 0800 800 2222

Extended support for complex difficult issues

Online advice, live chat, ask the expert, peer support and information on all aspects of family live at [www.familylives.org.uk](http://www.familylives.org.uk)

Face to face support groups, parenting programmes and workshops.

What they do



Advice/information/advocacy/legal

Childcare

Education/training

Who they work with

Adults 26 - 49

Young people aged 18-25

Geographical area coverage - East Midlands, National

**Area:** Bassetlaw, Bolsover

## **Contact Details**

Playworks

North Alfred Street

NG3 1AE

[asefawh@familylives.org.uk](mailto:asefawh@familylives.org.uk)

08088002222 - Helpline

<http://www.familylives.org.uk/advice/teenagers/health-wellbeing/self-harm>

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