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**Themes:** Housing, Mental Health

**Aimed at:** Older Adults 65+

The Trust Overview

ExtraCare is a registered charity established in 1988. Our vision is better lives for older people and our mission is creating sustainable communities that provide:

homes older people want  
lifestyles they can enjoy, and  
care if it's needed.

To deliver our vision and mission we essentially do three things: we develop new villages, we operate villages and schemes, and we support our villages, schemes and our 'extra-care' model through fundraising, advocacy and research.

Here are some key facts:

**Homes:** We currently have more than 3,900 homes within our Housing Schemes and Villages at different locations. These are available to older people in their local area for affordable rent, shared ownership and leasehold sale.

**Facilities:** Each of our 21 villages and schemes has 5 to 18 social, health and leisure facilities that are accessible to our residents, volunteers and local people representing all age groups living in surrounding communities.

**Care:** Dependent on individual circumstances we can support residents with significant assessed care needs. Residents can access the Charity's Wellbeing service which helps residents monitor their health and lifestyle, ensuring early

detection of potential health conditions. Residents with dementia using our Dementia and Mental Wellbeing Service are 50% less likely to move into a care home.

**Staff:** Our Housing Schemes and Villages are supported by a team of 1,500 staff, recruited to work with us directly. Over 85% of our care staff are qualified to QCF (NVQ) Level 2 in Health and Social Care (the national training requirement is 50%). The Charity has Investors in People Gold Award status.

**Activities:** Across our communities we offer residents a wide choice of different activities. These may include: reading groups, choir singing, wheelchair aerobics, tai chi, abseiling and large events at national venues. Every location is supported through our activities teams.

**Volunteers:** We have around 2,300 active volunteers representing all age groups who support administration, hospitality, well-being and health, entertainment, skills learning, activities, resident friendship and our charity shops.

**Charity Shops:** We operate a chain of Charity Shops which help fund care and wellbeing services for older people living at our each of our locations. This is done through supporting the Dementia and Mental Wellbeing Service (in addition to any funds raised), our care service, health and wellbeing projects and supporting our research programme.

**Affordability:** Living with ExtraCare should be affordable for all, including those residents living in a rental home with only a minimum state pension. ExtraCare employs its own benefits team to help residents access their entitlements. In recent years, the Charity has found over £4m each year in benefits on behalf of residents living in its Villages and Schemes. The team finds up to £1.4m in unclaimed benefits amongst those residents moving into our new developments.

**Funding:** We derive funding from a variety of sources including payments for our housing, care and support services, funding from statutory agencies, charity appeals, legacies and income from our charity shops. Surplus funds are used to support residents' housing, health and wellbeing and to develop new villages in response to significant national demand.

**Demand and Our Development Programme:** Typically, each ExtraCare village has a waiting list of 200 places. Therefore, construction plans or proposals are in place to develop further villages across the Greater Midlands area.

ExtraCare's five year plan to 2017 included a £200m development programme to complete five villages in Birmingham. The first, New Oscott Village, opened in 2010 and is now over-subscribed. Pannel Croft Village in the Newtown area of Birmingham opened in November 2012, Hagley Road Village opened in 2013 and Bournville Gardens opened in 2015. Our latest village at Longbridge opened in 2017.

Hughenden Gardens Village, High Wycombe - opened 2018

Stoke Gifford Retirement Village, South Gloucestershire - opened 2018

Wixams Village, Bedford - opened 2019

Solihull Village, Solihull - opened 2021

**Area:** Bassetlaw, Bolsover

### **Contact Details**

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