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Themes: Advocacy, Nature and Outdoors, Green Social Prescribing, Walking Groups

Aimed at: All People

Dig out the walking boots and increase your fitness levels with Walkabout Clumber. Make the most of the great outdoors and enjoy a healthier lifestyle.

Explore the scenic views of Clumber Park and get active with walking for health. These enjoyable and steady paced health walks are available in 10 minute and 90 minute long sessions, perfect for all fitness levels and are a great way to discover the stunning areas of Clumber Park with lakeside views and woodland walk ways.

The time taken to complete the walk will depend on the walk length you choose to take. Choose from 1, 2, 3, 5 and 8 mile walks but most of all, enjoy it and take your time.

For a full list of dates, visit the What's on section. If you have any questions, please get in touch on 01909 544917 or email clumberrangers@nationaltrust.org.uk

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<https://www.nationaltrust.org.uk/clumber-park/features/clumber-park-walkabout>

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