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Themes:

Aimed at: Adults 18+, Older Adults 65+

Weekly walks to improve your health, socialise and get fit. 9.00-9.30 at the Clowne Community Centre. Sensible clothing and footwear. Some hills are included but the majority of walks are on level ground. Reasonable degree of fitness is required the walks cover 5/6 miles with a 30 minute break half way through.

£1 on local walks £3-4 on further afield to cover the community bus

Area: Bolsover

Contact Details

01246 812282

<https://rlemons.wixsite.com/clowne-walking-group>

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