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## Themes:

## Aimed at: All People

Walking Netball is a slowed down version of the game of netball, designed for anyone looking to exercise in a relaxed, supportive and friendly environment. A game of walking Netball is for all ages and abilities and every session contains a gentle warm-up.

Monday: 12:45pm-1:45pm

COST: FREE

At Bircotes Leisure Centre, White House Road, Bircotes, DN11 8EF Telephone: Judith 01302 746425 **Area:** Bassetlaw

## **Contact Details**

Bircotes Leisure Centre White House Road DN11 8EF

01302 746425- Judith Johnson https://www.facebook.com/Harworth-and-Bircotes-Walking-Netball-194564371072390/?ref=page\_internal

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