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**Themes:** Specific Health Conditions

**Aimed at:** Adults 18+

A self help group that aims to maintain contact and exchange information with local cardiac patients. Speakers on a wide range of topics, some medical. Occasional visits to places of interest.

Who is this service for?

For people who have been treated in the Bassetlaw Coronary Care Unit.

Other information

Stays in regular contact with the cardiac rehabilitation unit at the Bassetlaw Hospital. Meetings: 1st Friday, 2.30pm-4.30pm, alternating between Retford Primary Care Centre (North Road, Retford, DN22 7XF) and The Crossing Church and Centre (Newcastle Street, Worksop, S80 2AT); please contact for details. There is a one-off charge of £5.00 for membership.

**Area:** Bassetlaw

### **Contact Details**

Self Help UK

21-23 Pelham Road

NG5 1AP

[admin@selfhelp.org.uk](mailto:admin@selfhelp.org.uk)

01909 730 629

<https://www.selfhelp.org.uk/directory/entry/cardiac-support-group-bassetlaw>

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