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**Themes:** Counselling, Health and Wellbeing, Healthier Lives, Mental Health, Weight Management

**Aimed at:** All People

About ABC

FOR OVER 30 YEARS, ABC HAS PROVIDED PERSONAL CARE AND SUPPORT FOR ANYONE AFFECTED BY ANOREXIA, BULIMIA, BINGE EATING & ALL TYPES OF EATING DISTRESS.

OUR CHARITABLE OBJECTIVES

For the relief of suffering for those with eating disorders

To encourage and assist others to care for sufferers

To educate, train and advise those caring for sufferers as well as carrying out preventative education

To promote research into eating disorders and research into treatment and/or cures and to publish the results

Our Charter details our approach to those that we support and what they can expect from us.

**Area:** Bassetlaw, Bolsover

**Contact Details**

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<https://www.talk-ed.org.uk/>

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