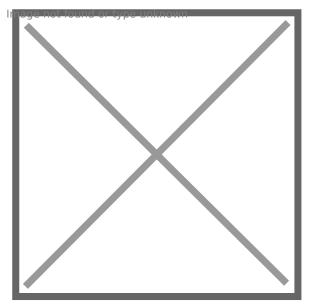
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Themes: Advocacy, Befriending and Loneliness, Health and Wellbeing, Healthier Lives

Aimed at: Older Adults 65+

We offer a wide range of services for older people from all communities and backgrounds in Nottingham and Nottinghamshire Coffee Shop Mondays,

Thursdays and Fridays 8.45am - 12.30pm Community Centre, Devonshire Road, Harworth Other services and meetings Age Concern Harworth & Bircotes are able to offer:

Signposting to other local services and organisations Day coach trips, for our Coffee Shop and Luncheon Club Clients, with a meal (where possible).

Contact Age Concern Harworth and Bircotes

Hilary Jones (Secretary)

Telephone: 07790 230673

Are you struggling to enjoy your later life?

Whether it's housing, health, finance, loneliness or care needs, we can work with you to find a solution.

Our staff and volunteers will put your needs, wishes & priorities at the centre of what they do. They will point you to local activities and services or, should you need it, they can work with you to put a plan in place to improve your life.

Get in touch with us on 0115 844 0011 or email info@ageuknotts.org.uk **Area:** Bassetlaw

Contact Details

Age UK Nottingham & Nottinghamshire Bradbury House NG1 4FQ info@ageuknotts.org.uk Hilary Jones (Secret07790 230673 https://www.ageuk.org.uk/notts/our-services/information-and-advice/accessinglocal-services/age-concern-harworth--bircotes/

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