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**Themes:** Advocacy, Befriending and Loneliness, Health and Wellbeing, Healthier Lives

**Aimed at:** Older Adults 65+

We offer a wide range of services for older people from all communities and backgrounds in Nottingham and Nottinghamshire Coffee Shop Mondays, Thursdays and Fridays

8.45am - 12.30pm

Community Centre, Devonshire Road, Harworth

Other services and meetings

Age Concern Harworth & Bircotes are able to offer:

Signposting to other local services and organisations

Day coach trips, for our Coffee Shop and Luncheon Club Clients, with a meal (where possible).

Contact Age Concern Harworth and Bircotes

Hilary Jones (Secretary)

Telephone: 07790 230673

Are you struggling to enjoy your later life?

Whether it's housing, health, finance, loneliness or care needs, we can work with you to find a solution.

Our staff and volunteers will put your needs, wishes & priorities at the centre of what they do. They will point you to local activities and services or, should you need it, they can work with you to put a plan in place to improve your life.

Get in touch with us on 0115 844 0011 or email [info@ageuknotts.org.uk](mailto:info@ageuknotts.org.uk)

**Area:** Bassetlaw

### **Contact Details**

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Bradbury House

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[info@ageuknotts.org.uk](mailto:info@ageuknotts.org.uk)

Hilary Jones (Secret07790 230673

<https://www.ageuk.org.uk/notts/our-services/information-and-advice/accessing-local-services/age-concern-harworth--bircotes/>

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