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Themes: Advocacy, Children's Mental Health, Mental Health

Aimed at: Baby & Toddler Age 0-5, Children Age 6-11, Teenagers 12-17
Support, Equip & Influence

The work we do centres around three key principles; Support Equip and Influence.

SUPPORT:

We provide confidential support and advice to young people struggling with thoughts of suicide, and anyone worried about a young person through our helpline, HOPELINEUK.

EQUIP:

We engage communities and volunteers in suicide prevention projects and deliver training programmes to individuals and groups. This includes equipping local councils, healthcare professionals and school staff with suicide prevention skills.

INFLUENCE:

We aim to shape national social policy and make a significant contribution to the local and regional implementation of national suicide prevention strategies wherever we can. Our campaigning comes from our passion as individuals, parents, families and communities who have been touched personally by young suicide. We press for change in many places using hard-hitting and dynamic campaigns as well as presenting evidence to those in power so that lessons can be learned and learning implemented to help save young lives.

Area: Bassetlaw, Bolsover

Contact Details

HEAD OFFICE

Bankside 2

WA1 1UP

pat@papyrus-uk.org

0800 068 41 41

<https://www.papyrus-uk.org>

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