

[Back to listing](#)



**Themes:** Counselling, Specific Health Conditions, Support Groups

**Aimed at:** Teenagers 12-17, Adults 18+

FREED-Beeches is a free service for adults and adolescents aged 14+ who are suffering from Anorexia Nervosa, Bulimia Nervosa, Binge Eating Disorder and OSFED. (We are unfortunately unable to offer a service to under 18's suffering with Binge Eating Disorder).

FREED-Beeches is an innovative Eating Disorders Service providing Counselling, Cognitive Behavioural Therapy, Psychotherapy, Weekly Eating Disorder Therapy Group, Psycho-Educational Support, Dietetic Advice, Training for Professionals, Talks to School Children, Carers Group, Self-help Manuals and Library.

We are a service designed around service users' views; supporting people with eating disorders and the people who support them. The service offers a friendly, intimate, easy access and fast response within a homely environment. People are welcome to call for an informal chat before deciding whether to access the service.

FREED BEECHES offer a service to both adults and adolescents aged 14 years+ who's primary concern is an eating disorder. (clients under the age of 18 must have either parental or GP consent to access our service).

**Area:** Bassetlaw

**Contact Details**

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<http://www.freedbeeches.org.uk/welcome-freed-beeches>

[Back to Listing](#)