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**Themes:**

**Aimed at:** Older Adults 65+

The U3A movement is a unique and exciting organisation which provides, through its U3As, life-enhancing and life-changing opportunities. Retired and semi-retired people come together and learn together, not for qualifications but for its own reward: the sheer joy of discovery!

Members share their skills and life experiences: the learners teach and the teachers learn, and there is no distinction between them.

Art Appreciation

Arts and Craft

Books and Reading

Arts, Cinema, Theatre – A.C.T

Creative Writing

Current Affairs Discussion

Digital Photography

Family History

Flowers for Fun

History

Lawn Bowls

Love of Food

Lunch Club

Mixed Media Art

BDU3A National Trust Group

Play Reading  
Strollers  
Supper Group  
Ten Pin Bowling for Fun  
The Village Gardeners  
Travel Group  
Walking for Pleasure

**Area:** Bolsover

### **Contact Details**

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