

[Back to listing](#)



Themes: Befriending and Loneliness, Blue Badge Application, Energy Advice, Housing, Nature and Outdoors, Specific Health Conditions, Transport, Volunteering, Green Social Prescribing, Walking Groups

Aimed at: Adults 18+

The majority of the work streams of the Bassetlaw Action Centre exist to promote the independence of older and vulnerable people including support for people with long term conditions, people with housing issues, self-help groups and people with transport needs.

Bassetlaw covers 256 miles of predominantly rural area served by 2 market towns.

Many older and vulnerable Bassetlaw residents have transport needs to allow them to access essential services.

The Action Centre boasts three transport projects, including the well-established car scheme with over 50 volunteer drivers, a fully accessible MPV and Minibus, which help to break down barriers into employment and helps many older residents to access services, reducing isolation.

Our other areas of work include Bassetlaw Self Help Link which promotes local Self Help groups, Staying Well in Bassetlaw which is a 6 week course to help people manage their long term conditions, Get Out Get Active (GOGA) encourages people to take part in safe and fun activities, Home Support provides domestic support in the home, Housing Choice for people who are considering

their options to meet their changing needs, and Befriending for those who are most socially isolated.

Walk and Talk groups are also available:-

MENS WALK AND TALK GROUP

A grassroots community initiative that aims to support Men's Mental Health by encouraging men to open up, feel able to talk to other men and reduce social isolation whilst enjoying a nice walk in beautiful surroundings. To book a place please email goga@actioncentre.org.uk or visit www.menwalktalk.co.uk/bassetlaw

WOMENS WALK AND TALK GROUP

A walking group for women that want to get out and have a walk and talk to other women.

Every Thursday – meet at the café at The Canch in Worksop at 10AM

The 1st and the 3rd Friday of the month – meet at the Kings Park entrance opposite the Old Police Station 2PM.

STAY PAWSITIVE WALK AND TALK GROUP

Fresh air, animals and talking are a winning combination so we have launched a dog walking group open to anybody to come along have a walk and a chat.

Stay Pawsitive meets every Tuesday at Idle Valley 2PM, there is no need to bring a dog if you don't have one.

The Bassetlaw Action Centre Staff cover everything from answering queries over the telephone, visiting clients in their own home to help with benefit applications or energy advice, making applications on behalf of clients on the choice based lettings scheme, assisting with blue badge applications, encouraging people into activity, offering support with long term health conditions through our Health Coach or Staying Well Programme.

This list is by no means exhaustive, it merely gives some examples of the holistic support that they offer.

Opening times: Monday- Friday: 9:00am - 13:00pm (outside these hours an answerphone service is available).

Area: Bassetlaw

Contact Details

Bassetlaw Action Centre

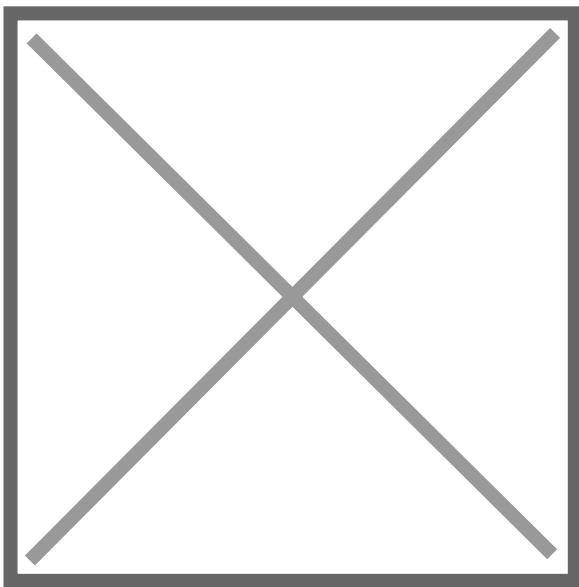
Canal Street

DN22 6EZ

kmartin@actioncentre.org.uk

01777709650

<http://www.bassetlawactioncentre.org.uk/>



Themes: Befriending and Loneliness, Blue Badge Application, Energy Advice, Housing, Nature and Outdoors, Specific Health Conditions, Transport, Volunteering, Green Social Prescribing, Walking Groups

Aimed at: Adults 18+

The majority of the work streams of the Bassetlaw Action Centre exist to promote the independence of older and vulnerable people including support for people with long term conditions, people with housing issues, self-help groups and people with transport needs.

Bassetlaw covers 256 miles of predominantly rural area served by 2 market towns.

Many older and vulnerable Bassetlaw residents have transport needs to allow them to access essential services.

The Action Centre boasts three transport projects, including the well-established

car scheme with over 50 volunteer drivers, a fully accessible MPV and Minibus, which help to break down barriers into employment and helps many older residents to access services, reducing isolation.

Our other areas of work include Bassetlaw Self Help Link which promotes local Self Help groups, Staying Well in Bassetlaw which is a 6 week course to help people manage their long term conditions, Get Out Get Active (GOGA) encourages people to take part in safe and fun activities, Home Support provides domestic support in the home, Housing Choice for people who are considering their options to meet their changing needs, and Befriending for those who are most socially isolated.

Walk and Talk groups are also available:-

MENS WALK AND TALK GROUP

A grassroots community initiative that aims to support Men's Mental Health by encouraging men to open up, feel able to talk to other men and reduce social isolation whilst enjoying a nice walk in beautiful surroundings. To book a place please email goga@actioncentre.org.uk or visit www.menwalktalk.co.uk/bassetlaw

WOMENS WALK AND TALK GROUP

A walking group for women that want to get out and have a walk and talk to other women.

Every Thursday – meet at the café at The Canch in Worksop at 10AM

The 1st and the 3rd Friday of the month – meet at the Kings Park entrance opposite the Old Police Station 2PM.

STAY PAWSITIVE WALK AND TALK GROUP

Fresh air, animals and talking are a winning combination so we have launched a dog walking group open to anybody to come along have a walk and a chat.

Stay Pawsitive meets every Tuesday at Idle Valley 2PM, there is no need to bring a dog if you don't have one.

The Bassetlaw Action Centre Staff cover everything from answering queries over the telephone, visiting clients in their own home to help with benefit applications or energy advice, making applications on behalf of clients on the choice based lettings scheme, assisting with blue badge applications, encouraging people into activity, offering support with long term health conditions through our Health Coach or Staying Well Programme.

This list is by no means exhaustive, it merely gives some examples of the holistic support that they offer.

Opening times: Monday- Friday: 9:00am - 13:00pm (outside these hours an answerphone service is available).

Area: Bassetlaw

Contact Details

Bassetlaw Action Centre

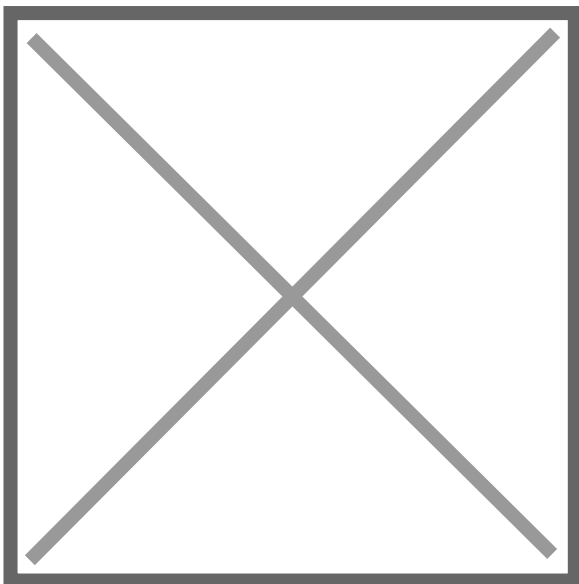
Canal Street

DN22 6EZ

kmartin@actioncentre.org.uk

01777709650

<https://www.bassetlawactioncentre.org.uk/>



Themes: Befriending and Loneliness, Blue Badge Application, Energy Advice, Housing, Nature and Outdoors, Specific Health Conditions, Transport, Volunteering, Green Social Prescribing, Walking Groups

Aimed at: Adults 18+

The majority of the work streams of the Bassetlaw Action Centre exist to promote the independence of older and vulnerable people including support for people with long term conditions, people with housing issues, self-help groups and

people with transport needs.

Bassetlaw covers 256 miles of predominantly rural area served by 2 market towns.

Many older and vulnerable Bassetlaw residents have transport needs to allow them to access essential services.

The Action Centre boasts three transport projects, including the well-established car scheme with over 50 volunteer drivers, a fully accessible MPV and Minibus, which help to break down barriers into employment and helps many older residents to access services, reducing isolation.

Our other areas of work include Bassetlaw Self Help Link which promotes local Self Help groups, Staying Well in Bassetlaw which is a 6 week course to help people manage their long term conditions, Get Out Get Active (GOGA) encourages people to take part in safe and fun activities, Home Support provides domestic support in the home, Housing Choice for people who are considering their options to meet their changing needs, and Befriending for those who are most socially isolated.

Walk and Talk groups are also available:-

MENS WALK AND TALK GROUP

A grassroots community initiative that aims to support Men's Mental Health by encouraging men to open up, feel able to talk to other men and reduce social isolation whilst enjoying a nice walk in beautiful surroundings. To book a place please email goga@actioncentre.org.uk or visit www.menwalktalk.co.uk/bassetlaw

WOMENS WALK AND TALK GROUP

A walking group for women that want to get out and have a walk and talk to other women.

Every Thursday – meet at the café at The Canch in Worksop at 10AM

The 1st and the 3rd Friday of the month – meet at the Kings Park entrance opposite the Old Police Station 2PM.

STAY PAWSITIVE WALK AND TALK GROUP

Fresh air, animals and talking are a winning combination so we have launched a dog walking group open to anybody to come along have a walk and a chat.

Stay Pawsitive meets every Tuesday at Idle Valley 2PM, there is no need to bring a dog if you don't have one.

The Bassetlaw Action Centre Staff cover everything from answering queries over the telephone, visiting clients in their own home to help with benefit applications or energy advice, making applications on behalf of clients on the choice based lettings scheme, assisting with blue badge applications, encouraging people into activity, offering support with long term health conditions through our Health Coach or Staying Well Programme.

This list is by no means exhaustive, it merely gives some examples of the holistic support that they offer.

Opening times: Monday- Friday: 9:00am - 13:00pm (outside these hours an answerphone service is available).

Area: Bassetlaw

Contact Details

Bassetlaw Action Centre

Canal Street

DN22 6EZ

kmartin@actioncentre.org.uk

01777709650

<https://www.facebook.com/BASSETLAWACTIONCENTRE/>

[Back to Listing](#)