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**Themes:** Befriending and Loneliness, Bereavement and Grief, Care and Carers, Community Cafes, Counselling, Mental Health, Social Activities, Specific Health Conditions, Support Groups, Volunteering

**Aimed at:** All People

Aurora Bassetlaw is a friendly community space for people affected by cancer and long term health conditions.

Based in the much loved Old Library Building and Museum in Worksop, they offer advice and support services in a safe and welcoming environment.

They provide beauty therapies, exercise classes and workshops, and the Tea Room and Charity Shop are enjoyed by many of our visitors.

Community and fundraising events, support groups and social activities regularly take place.

The wellbeing practitioners offer personalised holistic support and can help patients access the services they need, when they need it the most.

Please self-refer to speak to a wellbeing practitioner or ask your GP or a health care professional to refer you to them.

**Area:** Bassetlaw

**Contact Details**

The Old Library Building

Memorial Avenue

S80 2BP

[admin@aurorawellbeing.org.uk](mailto:admin@aurorawellbeing.org.uk)

01909 470985 - Worksop

<https://www.aurorawellbeing.org.uk/worksop/>

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