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**Themes:** Mental Health

**Aimed at:** All People

Anxiety UK was established to promote the relief and rehabilitation of persons suffering from agoraphobia and associated anxiety disorders, phobias and conditions, in particular, but not exclusively, by raising awareness in such topics.

Services include 1:1 therapy. Works regularly with external agencies & healthcare professionals to improve services for those living with anxiety & anxiety-based depression & also campaign to raise awareness of the conditions.

**Area:** Bassetlaw

### **Contact Details**

Anxiety UK

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