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**Themes:** Children's Mental Health, Counselling, Mental Health, Sexual Abuse

**Aimed at:** Adults 18+

Sail is a registered charity based in Chesterfield. We offer free, specialist counselling for adults aged 18 and over across the whole of Derbyshire who have experienced childhood sexual abuse, incest or any sexual violence. We also have an ISVA service available for practical and emotional support, including benefits, housing and court support. Also a free Helpline for immediate emotional support and signposting.

**Area:** Bolsover

### **Contact Details**

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