

Forum	Health and Social Care Forum	Date	24/10/2018	BCVS Lead	Becky Law
Attendees	Clara Taylor Adele Lawson Becky Law Allison Palmer Mal Thomas Emma Lovatt Gillian Harvey Kathryn Baines Mel Hancock Karen Whitlam Teresa Allen Maria Ward Carol Batchelor Bev Wormald Anita Ollerenshaw Maddy Wood Steve Jennings-Hough	Royal Voluntary Service Bassetlaw Action Centre BCVS Community Advisor BCVS Partnership Officer Bassetlaw connect Bassetlaw Connect NHS Integrated Neighbourhood Teams NHS Falls team North Notts College CAB Alzheimer's Society Building Better Opportunities Stakeholder Manager Children's Sleep Charity Healthwatch Nottinghamshire Rhubarb Farm CIC Smoke Free Life Nottinghamshire Notts CC Adult social care and public health	clara.taylor@royalvoluntaryservice.org.uk alawson@actioncentre.org.uk communityadvisor@bcvs.org.uk partnershipofficer@bcvs.org.uk mal.thomas@ncha.org.uk Emma.Lovatt@ncha.org.uk Gillian.Harvey@nottshc.nhs.uk Kathryn.baines@nottshc.nhs.uk mhancock@nnc.ac.uk CEO@bassetlawcab.org.uk Teresa.allen@alzheimers.org.uk maria.ward@nottsc.gov.uk info@thechildrensleepcharity.org.uk bev.wormald@hwnn.co.uk anita@rhubarbfarm.co.uk maddy.wood@solutions4health.co.uk steve.jennings-hough@nottsc.gov.uk		
Apologies	Lynn Tupling Karen Bonsall Helen Azar Kerry Peppard Mick Collins Guy Phillipich Heather Towndrow Marie Gabbitas Emma Walker Anna Shaw Jayne Bullock Noelle Barron Tracey Lack Nicole Chavaudra Ella Ferris Laura Thorndyke	Bassetlaw Action centre Inspire Centreplace Centreplace Insight Healthcare Insight Healthcare Notts Healthcare Foundation Trust Inspire BBO project Aurora Aurora Bassetlaw Action Centre FOYPIB I Work Bassetlaw Accountable Care Partnership Age UK Notts Fit 4 Life			

	Greg Hewitt Samantha Hey Vicky Waring Steve Williams Rosemary Wilbourne Sarah Farrow Anne Taylor	Healthwatch Notts Home Care Direct Home Instead senior care Oasis Community Centre South Yorkshire Housing Association South Yorkshire Housing Association The Crossing	
Agenda Item	Details	Points Raised / Questions / Actions	
Notts CC Adult Social Care and Public Health Steve Jennings- Hough		The Presentation is attached to the email containing these minutes.	
Bassetlaw Connect Emma Lovatt		The Presentation is attached to the email containing these minutes.	
RVS Clara Taylor		The Presentation is attached to the email containing these minutes.	
Networking			
Round Robin		<ul style="list-style-type: none"> - Gill Harvey – NHS Integrated neighbourhood team. https://www.nottinghamshirehealthcare.nhs.uk/integrated-neighbourhood-team-bassetlaw Really enjoyed meeting everyone again. It always uplifts me to know that there are such nice people out there doing such good things. - Kathryn Baines – NHS Falls Team. https://www.nottinghamshirehealthcare.nhs.uk/day-rehabilitation-retford-pcc Team has just undergone a massive change. We no longer run the day rehab balance and exercise classes – these were 	

decommissioned in April. Falls used to offer 12 week rehab and prevention care, now moving into the rehab model doing 4 week interventions. Staffing now just 2 full time and 3 part time staff for Bassetlaw. There is a large waiting list and we can no longer accept referrals from the voluntary sector, only from professional clinicians. Really interested in the exercise classes that are out there in the community – do we have a list of the classes that are out there? BL from BCVS will send a list across

- **Anita Ollerenshaw – Rhubarb Farm.** <http://www.rhubarbfarm.co.uk/> New community café on Mondays to encourage older people to come along socially. £2.50 cost. Woodworking group is running again – looking to recruit people to come – good for those who don't want to work outside – making boxes, planters, benches, mud kitchens etc. For both gents and ladies. New activity - Starting dementia days. From Jan in new training room, holding a dementia activity day which could include crafts and activities as well as music – something different from the usual dementia support groups. Everyone is always welcome to Rhubarb Farm – come and see us. We have volunteers between the ages of 11 and 87.
- **Maddy Wood – Smoke Free Life Nottinghamshire.** <https://www.smokefreelifenottinghamshire.co.uk/> 6 Weeks free replacement products (gum / patches etc.). Can have 1:1 support. Can take referrals from anywhere, either by phone or via website. Can also set up a direct referral pathway from an organisation. Can support 14 years upwards (needs parental consent for replacement patches if under 16). Need to live in Notts or be under Notts GP. Can do face to face support or over phone support. Specialist maternity support is available on a 12 week programme. Happy to attend any team meetings to do training or just for a chat.
- **Adele Lawson – Bassetlaw Action Centre.** <http://www.bassetlawactioncentre.org.uk/> Run a transport scheme as well as minibus trips. Housing Choice, Home Support, Staying well, stroke and Neuro Service – support individuals and families.
- **Allison Palmer- Partnership Officer at BCVS** <http://www.bcvs.org.uk/> Working with CCG looking at identifying the current support and gaps in hospital discharge. If it is voluntary sector led – that doesn't mean that it is free. Hoping that if we can build a picture to show that demand outweighs capacity that there will be some funding to follow. Had shadowed IDT at hospital last week. Hopefully this scoping will lead to a pilot and that this will show that the voluntary sector is integral and can offer so much more than it already does or maybe just needs coordinating a little more.
- **Teresa Allen – Alzheimer's Society.** https://www.alzheimers.org.uk/?gclid=Cj0KCQjw08XeBRCOARisAP_gaQCDFnldOAxv89LvMZxp7PXJ-jKAQ6_hcRBE3DfoWeqqXiA6p8S_xFUaAugzEALw_wcB Continue to provide 1:1 support for people. We don't take anybody that doesn't have a diagnosis, but we will help people who are worried about their memory. Continue to provide dementia cafes in Harworth and Costhorpe. Also run singing for the brain sessions. Just started a new side by side service in Bassetlaw – new lady in post working 2 days a week. She will start to come to events – side by side service is for someone who is diagnosed with dementia and needs support to carry on doing the activities they enjoy but need someone with them. Also running carers support programmes across Bassetlaw.
- **Maria Ward – Building Better Opportunities.** <https://www.towardswork.org.uk/stakeholder-managers/> Part of my work is to help County Council engage better with community and voluntary organisations. I can only reinforce what Allison is saying around her work with the CCG. I have been doing a similar bit of work in other parts of the county. Role is around employment and skills – looking at the vast range of European funding programmes that are out there - helping to increase people's skills - could be as part of the Towards Work programme or for carers. Also the programme in D2N2 which is about building financial resilience. There is also a programme around multiple and complex needs where we are supporting people

with some real intervention to help them into volunteering or training. As part of the opportunity and change programme we have 4 social workers in the D2N2 area who are currently doing some care act assessments. There are lots of things going on within D2N2 about the industrial strategy and the Midlands engine – work on a national level – part of my work is to help you to understand what that work means to people on the ground so I will ensure that Becky gets information about any consultations relating to this work so she can share it out across the sector. As part of the Chamber of Commerce work we continue to work with businesses across Bassetlaw area to try to address the current skills mismatch – looking to address education levels to ensure that they match what local employers need at this time. So making sure that all of our communities get the best education opportunities but then ensuring they match what our local employers want – so making sure we don't have high numbers of people who have completed vocational work courses that don't match up with what local employers want. All the work programmes are fully funded until October 2019. We don't know what will happen after Brexit so need to use these programmes to build a case to demonstrate that future funding is needed within our local communities.

- **Bev Wormald – Healthwatch.** <https://hwnn.co.uk/> Strong independent voice – there to listen to the experiences of people who use the health and care services. Looking for any opportunities to have a stand at events. Also do commissioned work – run focus groups for Notts County Council. Always have a question of the month – this months is about technology – it's available to answer on the website.
- **Karen Whitlam – Citizens Advice Bassetlaw** <https://www.citizensadvice.org.uk/about-us/how-we-provide-advice/advice/search-for-your-local-citizens-advice/?q=worksop&c=HOME-BUREAU> 57 Volunteers across Worksop and Retford. People come to us for our drop in sessions, also contact us through our advice line or through webchat – key queries are benefits, financial issues, relationship issues, housing – very often a complex mix of these and other issues. Also do specialist casework services depending on what we are currently funded for – just secured a further 12 months funding through MacMillan – supporting people affected by cancer – we can quickly ensure they have the relevant benefits on place, can do home visits, look at overall circumstances including helping with Power of Attorney, looking at the energy bills and how they are managing at home. Also work with Alzheimer's – funding currently up until the end of March – hoping to secure that for a further year. Just secured some energy funding – will go out to help people see how they can save money and keep their houses warmer. We have organisations using our rooms such as Pensionwise, Solicitors, Working Win. We are starting a new service from December in Larwood surgery community hub – people can come and speak to us there on a Thursday morning. I am the lead on the health citizenship work stream for the ACP so a lot of what I have heard today has been really useful when thinking about the services being integrated together and where our priorities lie.
- **Carol Batchelor – Children's Sleep Charity** Quite new to Bassetlaw (been in Doncaster for 3 years) – we are a service commissioned by Bassetlaw CCG delivering a free sleep clinic service to parents of any child over the age of 1 and up to the age of 19 (or 25 if they have additional needs) we offer behavioural help for sleep issues. It's very rare that it's something medical but we do have access to refer into Sheffield Children's hospital if needed. Work in the hospital – Doncs and Bassetlaw are the only areas in the country that currently have the free sleep service for any child. We only take self-referrals from the parent or the carer to encourage self-motivation. We run 1:1 appointments – we do struggle for venues in Bassetlaw so if anyone has any free rooms we can use no more than one day a month that would be fantastic. We offer a 45 min appt after which parents or carers will go away with their own individual sleep programme and then we stay in touch with them over the next 5 or 6 weeks and we will go longer if we need to whilst they are making the changes. It's a national

		<p>charity – based in Doncaster. Do also offer training for people to become a sleep practitioner and training for practitioners who are working with families.</p> <ul style="list-style-type: none"> - Becky Law – Community Advisor at BCVS. On behalf of FOYPIB – their annual fundraiser quiz takes place at Reford Oaks on Nov 22nd https://www.foypib.org.uk/events BCVS Volunteer Coordinator forum – on Thursday 6th December at 10am. Contact Diane at BCVS to let her know you would be attending. BCVS AGM takes place on Thursday Nov 22nd at The Crossing – please contact Anne Parry at BCVS – officecoordinator@bcvs.org.uk if you would like to attend.
Next Health and Social Care Forum		Will be held on Wednesday 23rd January
Closing Comments		<p>Becky Law - Bassetlaw Community and Voluntary Service Thank you to all attendees for your input and feedback. Please let me know if you have any future agenda items you would like to see included, and please do complete a feedback form.</p>