

Please find below some of the social activities on offer through a variety of voluntary and community groups:

- Befriending (including supported shopping service)
- Books on Wheels
- Craft Clubs
- Card Groups (e.g. whist etc)
- Carpet Bowls
- Community Transport
- Computer Classes
- Counselling
- Gardening Clubs
- Hobby Groups (e.g. woodwork)
- Health Walks
- Holistic Therapies
- Keep fit / Movement to Music / Pilates Seated exercise
- Line Dancing
- Luncheon Clubs and Coffee Mornings
- Singing
- Social Events and Bingo
- Social Groups with Excursions
- Special Interest Groups, (e.g. Antiques)



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## Bassetlaw Social Prescribing Service

Helping you to  
Access Services  
in your Community



Bassetlaw Clinical  
Commissioning Group



## What is the Bassetlaw Social Prescribing Service?

The Bassetlaw Social Prescribing Service is provided by Bassetlaw Community And Voluntary Service (BCVS).

The service helps local residents aged 65 and over who are socially isolated or frail to access services and activities provided by voluntary organisations and community groups.

## Who can get help from the service?

The service is only available for local residents registered with a Bassetlaw GP practice.

## How do I get help?

Contact your doctor's receptionist or health care professional and ask for a referral into the Social Prescribing Service.



## What happens next?

A Voluntary and Community Services Advisor (VCS) will arrange to visit you to discuss voluntary or community services that are available.

This is in addition to any NHS or social care support you may already be receiving. Your VCS Advisor will also support you to access other services eg. community transport.



## Your VCS Advisor can help you to:

- Access specific support groups
- Attend local community social groups
- Access benefits, debt and welfare rights advice
- Address isolation issues
- Access services for your carer/s
- Create a plan of action
- Access information and advice on a wide range of services



## How the Social Prescribing Service will work for local residents...

1

Your health professional refers you to the Social Prescribing Service

2

The Advisor will meet you to discuss your needs and the various Social Prescribing options available.

3

You will begin your chosen activity and will be supported by your Advisor at the initial visit

4

The Advisor will meet with you at the end of the programme to discuss how you felt the programme went and whether you would be interested in continuing with your new activity.